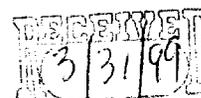


NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of Schiff® Melatonin Product #12809, #12810, #12744, #12745, #12807, #12812, #12797 & #12752 bearing the statements set out below:

Weider Nutrition International, Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

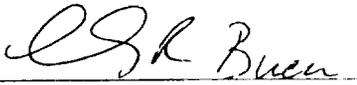
The text of each structure-function claim for **Products with ≥ 1 mg Melatonin** is as follows:

(Statement 1) Melatonin is a hormone produced by the pineal gland in the human brain believed to maintain regular sleeping patterns. It is commonly known as "nature's sleeping pill."

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 24th day of March, 199 9.

WEIDER NUTRITION INTERNATIONAL, INC.

BY: 
DR. LUKE R. BUCCI
Vice President of Research