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Director
Special Nutritionals
Center for Food Safety and Applied Nutrition
FDA
200 C Street S.W.
Washington, DC 20204

Dear Sir / Madam:

This is a 30-day notification for a dietary supplement that will be on the market within 30 days. The product name is **Relaxation Support**. The claims on the 60 and 180 count packages are identical and are:

“**RELAXATION SUPPORT** is a 100% natural herbal supplement designed to provide natural soothing support to balance today’s chaotic and frenetic lifestyle. The primary ingredient in **Relaxation Support** is Kava-Kava (Piper Methysticum), a remarkable plant that is indigenous to the South Pacific, where this herb has been used as part of traditional herbal medicine for centuries. Throughout this time, the Kava-Kava ceremony has played a central role in South Pacific Island cultures and it is only recently that researchers have documented the value and safety of Kava. The primary application of Kava in herbal folklore has been as a natural soothing and relaxing agent to help soothe the nerves, or to gently encourage relaxation and sleep. These ancient, natural properties of Kava are perfectly suited for the hectic world in which we live and the feelings of anxiety that can ensue. We also add synergistic nutrients (Calcium, Magnesium and Taurine), as well as a standardized extract of Valerian Root to support and enhance this formula’s benefits.

Caution: This formula is not for use by persons under the age of 18. If pregnant, nursing, or taking a prescription drug, consult a health care practitioner before use. Do not exceed recommended dose. Excessive consumption may impair ability to drive or operate heavy equipment.

The above statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.”

Respectfully Submitted,

Rob Maltas
VP Product Development

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