



May 15, 1998

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW.,
Washington, D.C. 20204

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RE: Notification of Nutritional Support Statements

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of CholestGar™, an herbal supplement. Planetary Formulas® is the manufacturer of CholestGar.

Statements being made in the labeling of CholestGar:

- (1) Garlic and guggul have been widely studied for their ability to help maintain normal cholesterol levels when consumed as part of a total dietary program.
- (2) Additional Chinese herbs are included for supporting normal circulation (Chinese Salvia Root, Dong Quai Root, Gambir Stem, Ho Shou Wu Root and Cayenne Pepper Fruit)
- (3) Supports normal cholesterol levels.
- (4) Other Planetary Formulas products to support normal cardiovascular health include Guggul Raj™ and Hawthorn Heart™.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. Planetary Formulas possesses substantiation that the statements are truthful and not misleading.

Ira Goldberg
President, Planetary Formulas

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