

**NOTIFICATION PURSUANT TO**  
**SECTION 6 OF DSHEA**

0 4 4 8 '96 JUN 23 P2:18

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Spring Valley B Complex with Vitamin C Product #43571** bearing the statement set out below:

**Weider Nutrition International, Inc.**  
**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure-function claim for **B Complex with Vitamin C** is as follows:

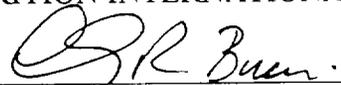
- (Statement 1)      B vitamins are interdependent upon each other to achieve a wide variety of metabolic functions affected by physical stress. Vitamin C plays an essential role in tooth and bone formation.
- (Statement 2)
- (Statement 3)
- (Statement 4)
- (Statement 5)
- (Statement 6)

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 3rd day of June, 1998.

WEIDER NUTRITION INTERNATIONAL, INC.

BY: \_\_\_\_\_

  
DR. LUKE R. BUCCI  
Vice President of Research

## STRUCTURE / FUNCTION CLAIMS

NUTRIENT: B-Complex w/C <sup>0448 '96 JUN 23 P2:18</sup>

DATE: May 15, 1998  
Document Name: sf11bcom.wpd

BY: Original (reviewed by LRB)

BRAND, CODE # & PRODUCT NAME(S): Spring Valley 43571 B Complex with Vitamin C (100t)

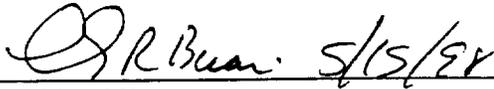
NUTRIENT AMOUNT: See label listing; 300mg Vitamin C; B1: 15mg; B2: 12mg; B3: 50mg; B6: 5mg; Pantothenate: 10mg per serving (1 caplet)

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### STRUCTURE/FUNCTION CLAIM:

B vitamins are interdependent upon each other to achieve a wide variety of metabolic functions affected by physical stress. Vitamin C plays an essential role in tooth and bone formation.

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 R. Bean. 5/15/98

Approved by / Date

### REFERENCES:

1. Machlin LJ. Ed. *Handbook of Vitamins. Second Edition, Revised and Expanded*, 2nd ed., Marcel Dekker, New York, 1991.
2. Combs GF. *The Vitamins. Fundamental Aspects in Nutrition and Health*, Academic Press, San Diego, 1992.
3. Jacob RA. Vitamin C, in *Modern Nutrition in Health and Disease*, 8th ed., Shils ME, Olson JA, Shike M, Eds., Lea & Febiger, Philadelphia, 1994, 432-448.
4. Englard S, Seifter S. The biochemical functions of ascorbic acid. *Ann Rev Nutr* 1986; 6: 365-406.
5. Bender DA. Vitamin C, in *Nutritional Biochemistry of the Vitamins*, Cambridge University Press, Cambridge, 1992, 360-393.
6. Skelton WP, Skelton NK. Deficiency of vitamins A, B and C: something to watch for, *Postgraduate Med* 1990; 87(4): 293-310.