

STRUCTURE / FUNCTION CLAIMS

NUTRIENT: Niacin (Vitamin B3) '96 JUN 23 P2:18

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BRAND, CODE # & PRODUCT NAME(S): Spring Valley 49910 Niacin 100mg 100t

NUTRIENT AMOUNT: 100mg niacinamide per tablet

STRUCTURE/FUNCTION CLAIM:

Niacin promotes maintenance of healthy skin, digestive tract and nervous system.

 EJR Buer 5/15/98

Approved by / Date

REFERENCES:

1. Swendseid ME, Jacob RE. Niacin, in *Modern Nutrition in Health and Disease*, 8th ed., Shils ME, Olson JA, Shike M, Eds., Lea & Febiger, Philadelphia, 1994, 376-382.
2. Henderson LM. Niacin, *Ann Rev Nutr* 1983; 3:289-307.
3. Van Eys J. Nicotinic acid, Ch. 8 in *Handbook of Vitamins. Second Edition, Revised and Expanded*, 2nd ed., Machlin LJ, Ed., Marcel Dekker, New York, 1991, 311-340.
4. Bender DA. Niacin, Ch. 8 in *Nutritional Biochemistry of the Vitamins*, Cambridge University Press, Cambridge, UK, 1992, 184-222.
5. Combs GF. Niacin, Ch. 13 in *The Vitamins. Fundamental Aspects in Nutrition and Health*, Academic Press, New York, 1992, 289-310.