

NUTRAMEDIX

XFACTOR  PRODUCTOS GARDA INC.

6624 '98 APR 28 P4:01

Monday, April 13, 1998

Food and Drug Administration
Office of Special Nutritional (HFS-450)
Center for Food Safety and Applied Nutrition
200 C Street, SW
Washington, DC 20204

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4/21/98

Dear Sirs,

Notice is hereby given pursuant to the requirements of section 403(r) (6)(21 U. S. C.343(r)(6) of the Federal Food, Drug, and Cosmetic Act and in accordance with the requirements of 21 CFR 101.93, that Nutramedix Inc., of 212 N. US Hwy One, Suite 17 Tequesta, FL 33469 within the past 30 days commenced marketing a dietary supplement bearing the following statement(s) on the label and/or in the labeling:

PRODUCT NAME: CALMX

TEXT OF CLAIMS FOR PRODUCT:

A PHYTO-NUTRIENT SUPPLEMENT FORMULATED TO MAINTAIN A FEELING OF WELL BEING, RELAXATION, AND PEACEFULNESS.

CALMX -is formulated to help maintain a relaxed and balanced state of well-being, allowing one to cope with the fast-paced daily stresses and the ups and downs of life. This specially designed synergistic formula contains herbs, amino acids and vitamins.

INDIVIDUAL PRODUCT INGREDIENTS:

- | | |
|--|---|
| Vitamin B-6 (Pyridoxine HLC) | It is essential for maintaining proper chemical balance in the body. |
| St. John's Wort (flower)
Standardized Dry Extract | Researchers have discovered that components in St. John's Wort sustain brain chemistry in a way that helps maintain mood balance. |
| Kava Kava (root)
Standardized Dry Extract | Is an excellent partner for St. John's Wort. |
| Tyrosine (amino acid) | Is a precursor of the neurotransmitters |

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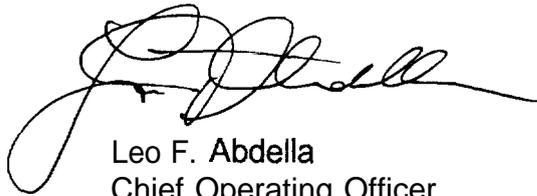
norepinephrine and dopamine, which maintain a balanced mood.

Crystalloid Electrolytes
(minerals)

Science has now recognized the necessity of electrolytes for maintaining the body's complete nutrient **delivery** system.

The Undersigned certifies that the information contained in this notice is **complete** and accurate and that Nutramedix Inc., has substantiation that the statements are truthful and not misleading.

Sincerely,

A handwritten signature in black ink, appearing to read "Leo F. Abdella", with a long horizontal flourish extending to the right.

Leo F. Abdella
Chief Operating Officer