

VITAMIN B-12 (5000 mcg)  
GREENLINE

DATE: DEC 18 1997

Responsible for the text:



Egan Badart

**FRONT LABEL: An essential nutrient, Vitamin B12 helps to maintain the central and peripheral nervous systems and promotes body's growth and development. \***

**BACK LABEL: secures integrity of proteins and nucleic acids by participating in transmethylation reactions<sup>1,2</sup>; diets of vegan and vegetarian are often B12 deficient; supplementation is needed<sup>2</sup>; participates in proper functions of white blood cells (phagocytes and lymphocytes)<sup>1,3,4</sup> \***

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

References:

1. Das K.C., and Herbert, V. (1978) The lymphocyte as a marker of past nutritional status: Persistence of abnormal lymphocyte deoxyuridine (uD) suppression test and chromosomes in patients with past deficiency of folate and vitamin B12. Br. J. Haematology 38:219-33.
2. Friedrich, W. (1988) Vitamin B12 in Vitamins, Walter de Gruyter, New York, p. 894.
3. Goggans, F.C. (1984) A case of mania secondary to vitamin B12 deficiency. Am. J. Psychiat. 141 (2):300-1.
4. Kaplan, S.S. and Basford, R.E. (1976) Effect of Vitamin B12 and folic acid deficiencies on neutrophil function. Blood 47:801-5.

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