



**weider**  
NUTRITION GROUP

April 9, 1996

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'96 APR 17 P 3:55

Robert Moore  
Food and Drug Administration  
Office of Special Nutritionals  
HFS-450  
200 C Street NW  
Washington DC 20204

Dear Mr. Moore,

The following enclosed pages contain structure/function claims for products manufactured by or for the Weider Nutrition Group.

There is one claim per page. The cited references are on file in our offices here in Salt Lake City, Utah. These products either have been marketed (and the claim newly added to labels), or will be marketed within 75 days of this date. The disclaimer, as discussed in DSHEA guidelines, is appropriately displayed on product labels, as is identification of the product as a dietary supplement.

If you have further questions or comments, please feel free to contact me anytime.

Sincerely,

Luke R. Bucci, Ph.D. CCN C(ASCP) CNS

LRB/mjh  
Enclosure

cc: File

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## STRUCTURE / FUNCTION CLAIMS

### NUTRIENT: Branched-Chain amino acids

DATE: April 9, 1996

BY: Original

Document Name: sf01bcaa.wpd

PRODUCT: Signature Line Joe Weider Anabolic Mega-Pak (30 paks)

NUTRIENT AMOUNT: L-Leucine (62mg), L-Isoleucine (40mg), L-Valine (44mg) per serving (one pak)

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#### STRUCTURE/FUNCTION CLAIM:

A Natural Formula of Branched Chain Amino Acids and Biocatalysts for Peak Muscular Performance.

Your super-intense workouts put big demands on your body. They also create a big need for amino acids since amino acids break down rapidly during strenuous training.

Amino acids, especially branched chain amino acids, are so important that your body will break down your hard earned muscle tissue to get them.

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#### REFERENCES:

1. Harper AE, Miller RH, Block KP, Branched-chain amino acid metabolism, *Annu. Rev. Nutr.*, 1984; 4: 409-454.
2. Liljenquist JE, Lacy WW, Chaisson JL, Rabinowitz D, Regulation of alanine and BCAA metabolism in intact man, in *Clinical Nutrition Update: Amino Acids*, Greene HL, Holliday MA, Munro HN, Eds., AMA, Chicago, 1979, 22.
3. Tsalikian E, Howard C, Gerich JE, Haymond MW, Increased leucine flux in short-term fasted human subjects: evidence for increased proteolysis, *Am. J. Physiol.*, 1984; 247: E323-E327.
4. Albanese AA, Orto LA, Zavattaro N, Nutrition and metabolic effects of physical exercise, *Nutr. Report Int.*, 1971; 3(3): 165-186.

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