

NOTICE

This notice is being given in a timely manner pursuant to Section 6 of the DSHEA of 1994, concerning the following product: Harmony Formulas Colon Formula. 4 Health, the product's distributor, is filing this notice rather than the product manufacturer as 4 Health is the entity responsible for the statements which are being made on the product's labeling. All of these are statements described in subparagraph (A) of Section 6.

1. Colon Formula was designed to be taken in the morning and evenings as a natural bowel cleanser.
2. Start gradually, as Colon Formula contains cascara sagrada bark, a natural herbal bowel stimulant.
3. Take only as much as is needed to achieve 2-3 good bowel movements per day.

4HEALTH, INC.

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