

September 25, 1995



Linda S. Kahl, Ph.D.
Office of Special Nutritionals
Center for Foods Safety and Applied Nutrition
Food and Drug Administration
200 "C" Street, S.W. (HFS-455)
Washington, D.C. 20204

Dear Dr. Kahl:

Pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994, Kaire International, Inc. wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears a statement of nutritional support.

The dietary ingredient for which the statement is made is schizandra (*Schizandra chinensis*). The statements of nutritional support read as follows:

In animal studies, Schizandra has also been shown to help reduce heart rate during maximal exercise, and also help speed recovery after exercise.

In addition to its physical effects, Schizandra may also help with intellectual tasks such as concentration and fine coordination.

These statements are accompanied by the required disclaimer which is prominently displayed in boldfaced type.

These statements of nutritional support are based on a large body of data which, in our judgment, renders these statements substantiated, truthful and nonmisleading.

Sincerely,
KAIRE INTERNATIONAL, INC.


Nick A. Mangeris
President

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OFFICE OF SPECIAL
NUTRITIONALS, HFS-450

KAIRE INTERNATIONAL, INC

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