



90 Orville Drive Bohemia, N.Y. 11716

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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

January 9, 2006

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our supplements Thera Tablets under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, HealthSmart Vitamins, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Warehouse, Nutro, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Sundown, US Nutrition, Vitamin Depot, Vitamin World, and WORLDWIDE Sport Nutrition.:

**Ingredients:** Vitamin A, Vitamin C, Vitamin D, Vitamin E, Thiamin, Riboflavin, Niacin, Vitamin B-6, Folic Acid, Vitamin B-12, Biotin, Pantothenic Acid

- Promotes Immune System Health
- Essential for Well-Being
- Taking one Thera Tablet every day supplies an inclusive blend of vitamins necessary to help maintain a healthy immune system.
- This convenient product also includes the B Vitamins, which are essential for well-being.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic, Ph.D.  
Manager, Nutrition Research

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