



0472 6 JAN 12 P2:37

December 19, 2005

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington, DC 20204

JAN 12 2006

Dear Sir or Madam:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

- (1) Name and address of manufacturer:
Pharmavite LLC, PO Box 9606, Mission Hills, CA 91346
- (2) Text of the statement(s):

Essential for normal functioning of nerve tissue and digestion. Helps body cells convert food into energy.

Vitamin B-1 helps utilize energy from food by promoting proper metabolism of carbohydrates. Helps body cells obtain energy from food by promoting proper metabolism of sugars. Necessary for growth and normal functioning of nervous system.

Vitamin B-12 is needed to synthesize hemoglobin and to help manufacture healthy red blood cells. It contributes to the health of the nervous system and the proper growth of children.

Riboflavin and Niacin are also involved in the production of energy and help regulate antioxidant mechanisms in the body.

Works with other elements in the body to help breakdown and utilize carbohydrates, proteins and fats, so energy can be released to the cells. It is also a factor in good vision and smooth skin.

97S 0162

LET

17135



®
PHARMAVITE

Vitamin B-6 is important for the formation of certain proteins and the use of fats in the body. It also helps the nervous system function smoothly. Maintains balance of sodium and phosphorus which regulates body fluids.

- (3) Name of the dietary ingredient(s):
Vitamin B-1 (Thiamine)
Vitamin B-12
Vitamin B-2 (Riboflavin)
Vitamin B-6
B-Complex
- (4) Name of the dietary supplement(s):
Vitamin B-1, Vitamin B-2, Vitamin B-6, Vitamin B-12, B-50 complex or products containing the above ingredients as a single ingredient or in combination with other ingredients.

The above statement(s) may be used in one or more of the following brands of products: B.J.'s Wholesale, Kirkland Signature, Nature Made, Nature 's Resource, Nutri Plus, Olay, Spring Valley, Target, TruNature, Walgreens.

We certify the information in this notice is complete and accurate, and we have substantiation that the above statement(s) is truthful and not misleading.

Sincerely,

David Kropp
Director, Regulatory Affairs

cc. P. Bolar