



December 8, 2005

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Food and Drug Administration
 Office of Special Nutritionals (HFS-800)
 Center for Food Safety and Applied Nutrition
 200 C Street, SW
 Washington, DC 20204

Dear Sirs:

Notice is hereby given pursuant to the requirements of section 403(r)(6)(21 U.S.C. 343 (r)(6)) of the Federal Food, Drug, and Cosmetic Act in accordance with the requirements of 21 CFR 101.93, that Swanson Health Products, 4075 40th Avenue SW, Fargo, ND 58104, submits notification of marketing in the United States of dietary supplements manufactured for Swanson by Aboca and imported from Italy. The product labels bear the following statement(s):

Product Name	Relevant Dietary Ingredient(s)	Structure/Function Claim
Swanson Superior Herbs Fisiotransito	senna leaf, cape aloe juice, dandelion root, chicory root, caraway fruit, fennel fruit, boldo leaf, cumin fruit	Herbal Regularity Formula*
Swanson Superior Herbs Digegas (capsules)	vegetable charcoal, fennel fruit, cumin fruit, chamomile flower extract, star anise fruit, lemon balm leaf extract, caraway fruit	Gas and Bloating Formula*
Swanson Superior Herbs Digegas (tea)	fennel fruit, star anise fruit, licorice root, chamomile flower, peppermint leaf	Gas and Bloating Formula*
Swanson Superior Herbs Menocolest Due	dandelion root extract, gamma oryzanol extracted from rice oil, artichoke leaves extract, rice bran extract	Supports healthy cholesterol levels already within the normal range*
Swanson Superior Herbs Menocolest Uno	vitamin E, fish oil, guggul oleoresin extract, garlic bulb extract	Supports healthy cholesterol levels already within the normal range*
Swanson Superior Herbs Energo	royal jelly, Asian ginseng root extract, bee pollen extract, brewer's yeast extract, eleuthero root extract	Liquid Energy Formula*

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Product Name	Relevant Dietary Ingredient(s)	Structure/Function Claim
Swanson Superior Herbs Buonriposo	passionflower leaf extract, valerian root, lemon balm, California poppy tops, lavender essential oil, marjoram essential oil	Peaceful Night's Sleep Formula*
Swanson Superior Herbs Drenaslim	dandelion root extract, fennel fruit extract, burdock root extract, European goldenrod top extract, orthosiphon leaf extract, green tea leaf extract	Cleanse and Water Balance Formula*
Swanson Superior Herbs Depura Mix (liquid)	chicory root extract, dandelion root extract, rooibos tea leaf extract, burdock root extract, milk thistle seed extract, orthosiphon leaf extract, aloe vera leaf gel extract, artichoke leaf extract	Herbal Detoxifier*
Swanson Superior Herbs Depura Mix (capsules)	orthosiphon leaves, rooibos tea leaves, dandelion root, milk thistle seeds extract, aloe vera leaf gel	Herbal Detoxifier*
Swanson Superior Herbs Antietá	green tea leaves, rooibos tea leaves, thyme, sage, cinnamon, rosemary, oregano, propolis extract	Longevity Herbal Antioxidant Complex*

Each label statement is accompanied by the following disclaimer:

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

The undersigned certifies that the information contained in this notice is complete and accurate and that Swanson Health Products has substantiation that the statements are truthful and not misleading.

Sincerely,



Roxanne England, Compliance Specialist