NATURAL ORGANICS INC.

548 Broadhollow Road, Melville, NY 11747 • Telephone: (631) 293-0030

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May 11, 2005

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CERTIFIED MAIL
Return Receipt Requested

Office of Nutritional Products, Labeling and Dietary Supplements
HFS-810
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, S.W.
Washington, D.C. 20204

Dear Sir/Madam:

This letter is submitted pursuant to Section 403 [r][6] of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the agency of statements being made in connection with the marketing of dietary supplements, which are being distributed by this company.

The text of the statement that is being made is as follows:
Nutritional Support for overall well-being.

The name of the product is as follows:
Mega Lignan Omega Flax ™

The dietary ingredients for which this statement is being made are:

Flax Extract	Soy Isoflavone Concentrate
Rosemary Leaf	Probiotics

It is certified that the information contained in this notice is complete and accurate and that the firm has substantiation that the statements are truthful and not misleading.

Sincerely,

NATURAL ORGANICS, INC.

James P. Gibbons
President

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Nature's Plus.
The Energy Supplements.

HERBAL ACTIVES

NATURAL ORGANICS LABORATORIES INC.