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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

October 7, 2005

OCT 17 2005

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statement on our supplements Advanced Fiber Force/Fiber Force 6 under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Giant Eagle, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life Fitness, Life's Finest, Major Pharmaceutical, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Spring Valley, Sundown, US Nutrition, Vitamin Depot, Vitamin World, and WORLDWIDE Sport Nutrition:

**Ingredients:** Natural Fiber from: Psyllium Seed Husk, Apple Pectin, Lactobacillus Acidophilus, Kidney Bean, Oat Bran, Prune Powder, Peach Fiber, Cruciferous Vegetables (Brussels Sprouts (plant), Broccoli (flower), Spinach (leaf), Cauliflower (plant), Cabbage (aerial) and Carrot (root))

- Fiber adds roughage to the diet, which is important for digestion and elimination.

The above statement is accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic, Ph.D.  
Manager, Nutrition Research

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