



90 Orville Drive Bohemia, N.Y. 11716

0160 5 SEP 22 P2:21

Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

August 15, 2005

AUG

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Symetry® High Protein Energy Shake supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Giant Eagle, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life Fitness, Life's Finest, Major Pharmaceutical, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Spring Valley, Sundown, US Nutrition, Vitamin Depot, Vitamin World, and WORLDWIDE Sport Nutrition:

Ingredients: Vitamin A, Vitamin C, Vitamin D, Vitamin E, Thiamin, Riboflavin, Niacin, Vitamin B-6, Folic Acid, Vitamin B-12, Biotin, Pantothenic Acid, Calcium, Iron, Phosphorus, Iodine, Magnesium, Zinc, Copper, Sodium, Potassium, Caffeine, Green Tea Extract, Quercetin, Blueberry, Cranberry, Pomegranate, Raspberry, Strawberry, Broccoli, Carrot, Kale, Resveratrol, Tomato, Wild Blueberry

- Helps Support Energy Metabolism
- Supports Lean Muscle
- Helps Maintain Energy Levels Throughout the Day
- Provides an Excellent Source of Protein While Boosting Energy
- This high-energy formula will give you the jump start you need to help you put your most energetic foot forward all day long.
- Symetry® High Protein Energy Shake supplies a heaping portion of protein to support lean muscle and aid you in maintaining your active lifestyle.
- Whether you're a fitness lover who's looking to make the most of your workout, or a diligent employee trying to remain energetic throughout a grueling shift, Symetry® High Protein Energy Shake is a synergistic blend of caffeine and protein, designed for those who may be craving a fresh bout of energy in their day.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic, Ph.D.
Manager, Nutrition Research

975 0162

LET

16658

ASV/mb