



Apex Fitness Group™  
100 Camino Ruiz  
Camarillo, CA 93012

GEN	TEL	FAX
800	805	805
656	449	449
2739	1330	1370

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apexfitness.com

July 29, 2005

AUG - 9 2005

Food and Drug Administration  
Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
200 C Street SW  
Washington, DC 20204

Dear Sirs:

Notice is hereby given pursuant to Section 403 (r)(6)(21 U.S.C. 343(r)(6)) of the Federal Food Drug and Cosmetic Act that Apex Fitness Group, 100 Camino Ruiz, Camarillo, CA 93012 has marketed a dietary supplement under Apex Fitness Group Fit "Prenatal Formula " bearing the following statement(s) on the label and/or in the labeling:

(Statement 1) Specialized formula before, during, and after pregnancy.

(Statement 2) This formula contains proper quantities of folic acid, calcium, and iron, which assist in meeting basic nutritional needs for these key nutrients during pregnancy. This product contains a broad spectrum of vitamins and minerals, which provide nutritional support for energy production, antioxidant protection and general nutrient needs. This formula contains over 20 nutrients to provide more complete nutritional coverage.

The undersigned certifies that the information contained in this notice is complete and accurate and that Apex Fitness Group has substantiation that the statement(s) is truthful and not misleading. Pursuant to 101.93 (a)(1), two copies of this notification are enclosed.

Jim Starr  
Director Product Development

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