



90 Orville Drive Bohemia, N.Y. 11716

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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

July 19, 2005

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Stress B Complex with C and Zinc supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Sundown, US Nutrition, Vitamin Depot, Vitamin World, and WorldWide Sports:

**Ingredients:** Vitamin C, Vitamin B-1, Vitamin B-2, Niacin, Vitamin B-6, Folic Acid, Vitamin B-12, Biotin, Pantothenic Acid, Zinc, Choline Bitartrate, Inositol, PABA, Citrus Bioflavonoids

- This formula includes high-potency B vitamins, which provide nourishment for the stress of daily living.
- Vitamin C and Zinc are included to promote a healthy immune system, which may be affected by daily stress.
- The B-Complex contributes to the health of the nervous system and also plays a role in energy metabolism.
- Vitamin C is important in supporting immune function and helps neutralize harmful free radicals in the cells.
- High-potency Zinc helps promote the immune system and the body's natural defense system.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

  
Angelica S. Vrablic, Ph.D.  
Manager, Nutrition Research

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