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July 19, 2005

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW., Washington, D.C. 20204

AUG - 4

RE: Notification of Nutritional Support Statements

To whom it may concern:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Full Spectrum™ Kudzu, a dietary supplement. Planetary Formulas® is the manufacturer of Full Spectrum™ Kudzu.

Statements being made in the labeling of Full Spectrum™ Kudzu

- 1) The roots and flowers of the common kudzu (*Pueraria lobata*) have been used historically in China for anti-alcohol support.
- 2) Planetary Formulas Full Spectrum™ Kudzu provides the roots, flowers, and a high potency standardized extract to deliver a full spectrum of kudzu's constituents and benefits.
- 3) In China, Kudzu is also used to support winter health and relax tightness and spasms of the neck and shoulders.

To the best of my knowledge and belief, and based upon information available at the time of the execution of this notice, I certify that the above information is accurate and complete. Planetary Formulas® possesses substantiation that the statements are truthful and not misleading.



Ira L. Goldberg
President, Planetary Formulas®

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