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May 10, 2005

Office of Nutritional Products  
Labeling and Dietary Supplements (HFS-810)  
Center for Food Safety and Applied Nutrition  
U.S. Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740

Pursuant to the requirements of Section 6 of the Dietary Supplement Health and Education Act of 1994, 21 U.S.C. 343 r (6) and in accordance with the authorized provisions of 21CFR 101.93, AdvoCare provides notification for statements on dietary supplement labels as follows:

**The name and address of the manufacturer, packer or distributor of the dietary supplement that bears the statements:**

AdvoCare International, L.P.  
2727 Realty Road  
Carrollton, TX 75006

**Product Name:** Crave-Check  
**Statement(s)**

**Basis for Statement**

Supports intestinal health and regularity	Glucomannan (Amophol)
Provides a feeling of fullness and aids in appetite control	Glucomannan (Amophol)
Helps maintain cholesterol levels that are already within the normal range.	Glucomannan (Amophol)
Helps maintain glucose levels that are already within the normal range.	Glucomannan (Amophol)

**Certification**

The undersigned certifies that the information contained in this notice is complete and accurate and that AdvoCare International, L.P. has substantiation that the statements are truthful and not misleading.

Respectfully yours,

Sidney Stohs, Ph.D.  
Senior Vice President, Research and Development  
AdvoCare International, L.P.

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