

NORTH AMERICAN PHARMACAL, Inc.
www.4yourtype.com

May 3, 2005

Office of Nutritional Products, Labeling, and Dietary Supplement (HFS-800)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

MAY 10 2005

Madam:

In order to comply with Part 101 Food Labeling, Subpart F Specific Requirements for Descriptive Claims that are Neither Nutrient Content nor Health Claims, I am submitting the following:

The name and address of the distributor of the dietary supplement that bears the statement is:

North American Pharmacal, Inc
12 High Street
Norwalk, CT 06851

The text of the statement that is being made is:

Aromastat™

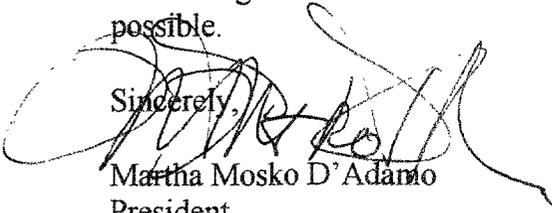
Formulated by Dr. Peter D'Adamo to help support healthy testosterone levels as you age. Aromastat is an all-natural blend of herbs shown in clinical studies to inhibit the enzyme aromatase. In men, aromatase activity increases with age, converting what little testosterone that is left into estrogen. It is perhaps this event that is most responsible for the many symptoms of "male menopause". In addition, aromatase inhibitors are used by the bodybuilding community to increase lean muscle mass and decrease body fat. This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: (1) One capsule twice daily as a dietary supplement.

The name of the dietary supplement is: The Blood Type Diet®, Aromastat™

I certify that the information contained in this notice is complete and accurate and that North American Pharmacal, Inc has substantiation that the statement is truthful and not misleading. If there is additional information required, please let me know as soon as possible.

Sincerely,


Martha Mosko D'Adamo
President

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