

May 3, 2005

NORTH AMERICAN PHARMACAL Inc.  
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Office of Nutritional Products, Labeling, and Dietary Supplement (HFS-800)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

MAY 10 2005

Madam:

In order to comply with Part 101 Food Labeling, Subpart F Specific Requirements for Descriptive Claims that are Neither Nutrient Content nor Health Claims, I am submitting the following:

The name and address of the distributor of the dietary supplement that bears the statement is:

North American Pharmcal, Inc  
12 High Street  
Norwalk, CT 06851

The text of the statement that is being made is:

Cortiguard®

Formulated by Dr. Dr. Peter D'Adamo to help support feelings of well-being. This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: 1 (one) capsule 1-3 times daily as a dietary supplement.

The name of the dietary supplement is: The Blood Type Diet®, Cortiguard®

I certify that the information contained in this notice is complete and accurate and that North American Pharmcal, Inc has substantiation that the statement is truthful and not misleading. If there is additional information required, please let me know as soon as possible.

Sincerely,

  
Martha Mosko D'Adamo  
President

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