



**Vita Pharmica**

The Best Choice for Your Health™

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2/14/2005

**CERTIFIED MAIL**

**Return Receipt Requested**

Office of Nutrition Products, Labeling and Dietary Supplements (HFS-810)  
Center for Food Safety and Applied Nutrition  
FOOD & DRUG ADMINISTRATION  
5100 Paint Brush Parkway  
College Park, Maryland 20740

To Whom It May Concern:

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the Agency of statements being made in connection with the marketing of dietary supplements which are being distributed by this company.

**The text of the statement that is being made is as follows:**

For occasional soreness and stiffness in muscles, ligaments, tendons and joints following exercise or sports activities

**The name of the Product is as follows:**

MuscleSoothe, 60 Tablets

**The dietary ingredients for which this statement is being made are:**

San-qi root, dong-quai root, Sichuan teasel rhizome, safflower flower and *Astilbe chinensis* plant.

As required, enclosed are two additional copies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Vitapharmica has substantiation that the statement being made is truthful and not misleading.

Sincerely,

Dr. Stephen M. Paul, PhD  
President  
Vitapharmica, Inc.

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