



90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 244-2000 ■ Fax: (631) 218-7480

Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

February 10, 2005

FEB 17 2005

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Essential Oils supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Flaxseed Oil, Borage Seed Oil, Fish Oil

- Supports/promotes heart health.
- Heart Healthy
- Flaxseed Oil is just one of three main ingredients that make up Essential Oils, a harmonious blend of oils designed to help provide nutrients for the well-being of the body.
- In addition to Flaxseed oil, Essential Oils contains Borage oil, a source of gamma-linolenic acid (GLA) which helps regulate a variety of important functions in the body and fish oil – a source of the Omega-3 fatty acids, Eicosapentaenoic and Docosahexaenoic (EPA & DHA).
- EPA and DHA help maintain healthy circulation.
- DHA also plays an important role in the brain, eyes and nervous system.
- These three oils provide diverse benefits for your overall health.
- This exceptional product is a blend of Flax, Fish and Borage Oils, that contain the polyunsaturated fatty acids your body needs including Omega-3 (EPA & DHA), gamma-linolenic acid (GLA), and Omega-6. Fatty acids are important for promoting heart, cellular and metabolic health.
- This product also includes Omega-9 fatty acids, which are important for the body's immune system response.

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The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

A handwritten signature in black ink, appearing to read "Angelica S. Vrablic". The signature is fluid and cursive, written over the printed name.

Angelica S. Vrablic, Ph.D.
Manager, Nutrition Research

ASV/mb