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FEB 16 2005

Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

January 31, 2005

Dear Sir or Madam:

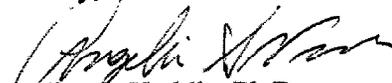
This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Extreme Creatine HP supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, CVS, Dollar General, Duane Reade, Giant Eagle, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Kaiser Permanente, Life's Finest, Major, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Sam's Club, Shoprite, Sundown, Target, US Nutrition, Vibrant Health, Vitamin World, Walgreens, Walmart and WorldWide Sports:

Ingredients: Phosphorus, Magnesium, Sodium, Potassium, Creatine Monohydrate, Taurine

- More Effective Than Creatine Alone!
- Supports Muscle Size, Strength, Power and Recovery from Exercise
- High Performance Delivery System
- Creatine is naturally produced in the body, and is mainly found in skeletal muscles as free form Creatine and Creatine Phosphate.
- As a key player in energy transfer, many University studies have found Creatine in combination with carbohydrates to support muscle size, strength, power and recovery in a variety of populations.
- Extreme Creatine HP is enhanced with important electrolytes, as well as dextrose, to further support creatine's efficiency in the body.
- Anyone looking to get the most out of their high intensity workouts should look no further than Extreme Creatine HP.
- Results may vary; when used in conjunction with an intense daily exercise program and a balanced diet, including an adequate caloric intake.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,


Angelica S. Vrablic, Ph.D.
Manager, Nutrition Research

ASV/mb

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