



90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 244-2000 ■ Fax: (631) 218-7480

Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

January 5, 2005

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Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Fish Oil plus Co Q-10 supplements under the Spring Valley label:

**Ingredients:** Fish Oil: EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic Acid), Coenzyme Q-10

- Promotes Cardiovascular, Heart & Metabolic Health
- EPA and DHA from Fish Oil are both known to promote heart, circulatory, and metabolic function.
- Coenzyme Q-10 is a naturally occurring, fat-soluble antioxidant that is a powerful weapon in supporting a healthy heart.
- This unique formula is an excellent choice for those looking for a reliable supplement to promote their overall health.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic, Ph.D.  
Manager, Nutrition Research

ASV/mb

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