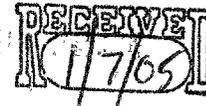




December 17, 2004



Office of Nutritional Products Labeling and Dietary Supplements
Division of Compliance and Enforcement
Dietary Supplements Branch (HFS-810)
Food and Drug Administration
200 "C" St. S.W.
Washington, D.C. 20204

To Whom It May Concern:

Nature's Way Products, Inc. wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears a statement under Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act.

The dietary supplement for which the statement is made is Mega EFA Blend. The dietary ingredients that are the subject of the statement are Omega-3 fatty acids, Omega-9 fatty acids, Omega-6 fatty acids. The statement reads as follows:

"Mega EFA Blend is the most complete daily source of Omega-3/6/9 fatty acids for healthy skin, joints and cardiovascular function."

This statement is accompanied by the required disclaimer which is prominently displayed in bold-faced type.

The information contained in this notice is complete and accurate and the above statement is based on data which renders these statements substantiated, truthful and non-misleading.

Sincerely,

NATURE'S WAY PRODUCTS, INC.

Gordon M. Walker
General Counsel

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Regulatory\Structure Function\NW Notices Sent\Mega EFA Blend

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