



90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 244-2000 ■ Fax: (631) 218-7480

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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

December 6, 2004



Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Xtreme Cut with Super CitriMax® supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

**Ingredients:** Chromium Polynicotinate, Chromium-Hydroxycitric Acid, Guarana Extract, Kola Nut Extract, Gymnema, Black Tea Extract, Green Tea Extract, Caffeine, Alpha Lipoic Acid, L-Carnitine.

- May Help Curb Appetite
- Energy Booster
- Supports Thermogenesis
- Supports Sugar and Fat Metabolism
- Xtreme Cut with Super CitriMax contains the high quality ingredients that can help support your weight loss program and give you the energy boost you need while following a reduced calorie diet and daily exercise plan.
- This unique blend contains Super CitriMax® for appetite and weight loss goals, Chromium to support sugar and fat metabolism, Guarana and Kola Nut, which contain caffeine for energy and thermogenesis, plus Green Tea.
- Designed for even the most popular diet plans, Xtreme Cut with Super CitriMax® is a terrific companion to your reduced calorie diet and daily exercise program.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic  
Manager, Nutrition Research

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