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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 6, 2004

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Daily Fiber Powder supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Fibersol-2™ Resistant Maltodextrin, Fiber-Aid® Arabinogalactan (from Eastern and Western Larch Extract

- Helps support regularity
- Gentle to your system
- Fiber is important for promoting regularity and supporting good digestive health.
- In addition, fiber helps contribute to a feeling of fullness, which is important for dieting success.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

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Sincerely,

Angelica S. Vrablic
Manager, Nutrition Research

ASV/mb

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