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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

December 14, 2004

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our EFA Complex supplements under the PhysioLogics brand name:

**Ingredients:** Vitamin E, Flaxseed Oil, Borage Seed Oil, Fish Oil

- For Brain, Eyes and Nervous System Health.
- These oils provide a wide range of biologically important lipid molecules used in the regulation of virtually all biological functions, including those of the cardiovascular, reproductive, immune, and nervous systems.
- These three oils provide a resource of Eicosapentaenoic, Docosahexaenoic, and Gamma-Linolenic Acids, important nutrients that provide diverse benefits for overall health.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S Vrablic, Ph.D.  
Manager, Nutrition Research

ASV/mb

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