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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

December 14, 2004

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Extreme NOS supplements under the Worldwide Sports Nutrition label:

**Ingredient:** L-Arginine Alpha-Ketoglutarate

- Helps support nitric oxide synthesis.
- Extreme NOS contains Arginine, an amino acid that can serve as a precursor for the formation of nitric oxide.
- Nitric oxide is important for helping to support muscles and circulation of oxygen and other critical nutrients.
- Extreme NOS utilizes an advanced time-release delivery system, to further facilitate Arginine internal transport.
- Dietary intake is important for plasma Arginine levels, so if you're serious about your commitment to fitness, it's important to supplement every day.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S Vrablic, Ph.D.  
Manager, Nutrition Research

ASV/mb

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