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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 14, 2004

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Shredder™ Power Punch supplements under the Worldwide Sports Nutrition label:

Ingredients: Chromium, Sodium, Potassium, Dandelion Extract, Garcinia Extract, Hydroxycitric Acid, L-Carnitine, Choline Bitartrate, Inositol

- This dynamic formula packs a flavorful punch while delivering key ingredients that help promote sugar and fat metabolism and support fluid balance.
- With 400 mg of HCA per serving plus L-Carnitine and Chromium, Shredder™ Power Punch is a terrific addition to your reduced calorie diet and daily exercise program.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S Vrablic, Ph.D.
Manager, Nutrition Research

ASV/mb

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