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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 13, 2004

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Creatine Punch supplements under the Body Fortress label:

Ingredients: Phosphorus, Magnesium, Potassium, Creatine Monohydrate, Taurine

- Supports Muscle Size, Strength, Power and Recovery from Exercise.
- Creatine is naturally produced in the body, and is mainly found in skeletal muscles as free form creatine and creatine phosphate.
- As a key player in energy transfer, many university studies have found Creatine with carbohydrates to enhance muscle size, strength, power and recovery in a variety of populations.
- High Performance Creatine Punch is enhanced with important electrolytes, as well as dextrose, to further support Creatine's efficiency in the body.
- Anyone looking to get the most out of their high intensity workouts should look no further than High Performance Creatine Punch.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic, Ph.D.
Manager, Nutrition Research

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