

NOTIFICATION PURSUANT TO
SECTION VI OF DSHEA

In compliance with Section VI of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Spring Valley B 50, Product #13611** bearing the statement(s) set out below:

Weider Nutrition International Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure/function claim is as follows:

- (Statement 1)** B Vitamins are interdependent upon each other to achieve a wide variety of metabolic functions affected by physical stress.
- (Statement 2)** Vitamin B-12 aids in the formation of red blood cells and in the proper function of all body, brain and nerve cells. Plays an important role in the nervous system and helps metabolize protein.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc., am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 7th day of October, 2004

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI
Vice President of Research

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