

NOTIFICATION PURSUANT TO
SECTION VI OF DSHEA

In compliance with Section VI of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Schiff Move Free Nighttime, Product #12460** bearing the statement(s) set out below:

Weider Nutrition International Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure/function claim is as follows:

(Statement 1) Strengthens joints and helps you sleep.

Cushion, lubricate and nourish your joints with Schiff Move Free. And get a restful night's sleep. Schiff Move Free Nighttime lubricates and strengthens joints. Plus it helps people get a better night's sleep to wake feeling rested and ready for whatever the day brings.

(Statement 2) For a restful night's sleep.

Strengthens joints and helps you sleep.

Cushion, lubricate and nourish your joints with Schiff Move Free. And get a restful night's sleep.

Schiff Move Free Nighttime lubricates and strengthens joints. Plus it helps people get a better night's sleep to wake feeling rested and ready for whatever the day brings.

Strengthens and lubricates cartilage with Glucosamine and Chondroitin With Theanine and Valerian to help you sleep better and wake feeling rested.

Schiff Move Free Nighttime provides the joint health benefits of Glucosamine and Chondroitin in easy-to-swallow gelcaps. Plus it helps relieve occasional sleeplessness.

Nourishes Lubricates Cushions Strengthens

Glucosamine is a basic building block of joint cartilage, which helps to maintain structural integrity of joints and connective tissues.

It [Chondroitin] is capable of binding water molecules to lubricate, cushion and support joints. Schiff Move Free Nighttime provides the joint health benefits of Glucosamine and Chondroitin in easy-to-swallow gelcaps. Plus it helps to relieve occasional sleeplessness.

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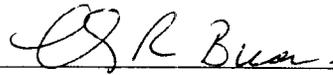
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I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc., am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 3rd day of June, 2004

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI

Vice President of Research