

**NOTIFICATION PURSUANT TO**  
**SECTION 6 OF DSHEA**

RECEIVED  
NOV 13 1997

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **American Body Building Products XXL 1100 Product #55370** bearing the statements set out below:

**Weider Nutrition International., Inc.**  
**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure-function claim is as follows:

**(Statement 1)**            The more nitrogen available to the muscle, the faster the muscle tissue can repair and synthesize protein. XXL is the all time, ultimate mass builder.

**(Statement 2)**

**(Statement 3)**

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 5<sup>th</sup> day of November, 199 7.

WEIDER NUTRITION INTERNATIONAL, INC.

BY: *DR Bucci*  
DR. LUKE R. BUCCI  
Vice President of Research

975-0162

LET 930 3  
55723

## STRUCTURE / FUNCTION CLAIMS

### NUTRIENT: Calories (Protein/Carbohydrates)

DATE: November 3, 1997  
Document Name: sf01xxl.wpd

BY: Luke R. Bucci, PhD

BRAND, CODE # & PRODUCT NAME(S): American Body Building Products 55370 XXL  
1100

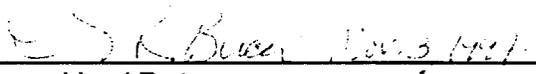
NUTRIENT AMOUNT: 1100 Calories (46 g protein, 229 g carbohydrates)

---

#### STRUCTURE/FUNCTION CLAIM:

The more nitrogen available in the muscle, the faster the muscle tissue can repair and synthesize protein. XXL is the all time, ultimate mass builder.

---

  
Approved by / Date

#### REFERENCES:

1. Lemon PWR. Do athletes need more dietary protein and amino acids? *Int J Sport Nutr* 1995; 5(Suppl):S39-S61.
2. Krieder RB, Klesges R, Harmon K, Grindstaff P, Ramsey L, Bullen D, Wood L, Li Y, Almada A. Effects of ingesting supplements designed to promote lean tissue accretion on body composition during resistance training. *Int J Sport Nutr* 1996; 6:234-246.
3. Chandler RM, Byrne HK, Patterson JG, Ivy JL. Dietary supplements affect the anabolic hormones after weight-training exercise. *J Appl Physiol* 1994; 76(2):839-845.