



Upsher-Smith Laboratories, Inc.

Innovative Pharmaceuticals Since 1919

July 16, 1997

CERTIFIED MAIL/RETURN RECEIPT REQUESTED

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7/21/97

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, DC 20204

Dear Sir/Madam,

Pursuant to section 403(r)(6) of the Federal Food, Drug, and Cosmetic Act (FDC Act), this is to notify you that we will be making the following statements of nutritional support in the product and promotional labeling and advertising for our product Alterra™, Hypericum Perforatum (St. John's Wort), 450 mg:

- The natural psychotropic
- Enhances general mental well-being
- Modulates mood
- Relaxes the mind
- Lessens the effects of stress
- For a variety of mood-related conditions
- Elevates mood
- Maximizes the mind's perception of happiness

Should you have any questions or comments, please contact me at (612) 449-7261.

Sincerely,

UPSHER-SMITH LABORATORIES, INC.

Dianne Gibbs, RAC
Regulatory Affairs Specialist

975-0162

UPSHER-SMITH

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