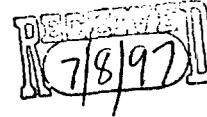


GENERAL NUTRITION CORPORATION

921 Penn Avenue
Pittsburgh, PA 15222
(412) 288-4600

July 2, 1997

Linda S. Kahl, Ph.D.
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, S.W. (HFS-450)
Washington, DC 20204



0202 '97 SEP 19 P1:50

Dear Dr. Kahl:

Pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 ("DSHEA"), General Nutrition Corporation wishes to notify the Food and Drug Administration that it is marketing dietary supplements which bear the following statements of nutritional support:

1. Vitamin B-12 is essential for energy production and red blood cells.
2. Niacin functions as a co-enzyme in glucose oxidation.
3. Magnesium is essential for building bone and teeth.
4. Saw Palmetto supports normal prostate function.
5. Creatine monohydrate provides support for immediate energy production for high intensity workouts and is involved in energy production in skeletal muscle.

These statements are accompanied by the required disclaimer indicating that the claim has not been evaluated by the FDA and that the product is not intended to diagnose, treat, cure or prevent any disease.

Sincerely,

David J. Sullivan
Assistant General Counsel

DJS:cr

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