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Table 11-14 Mean Meat Intakes Per Individual in a Day, by Sex and Age (g/day as consumed) for 1994 and 1995

| Group Age (yrs.) | Total Meat, Poultry, and Fish | | Beef | | Pork | | Lamb, Veal, Game | | Frankfurters, Sausages, Luncheon Meats | | Total Poultry | | Chicken Only | | Meat Mixtures ^c | |
|---------------------|-------------------------------------|------|------|------|------|------|---------------------|------|---|------|---------------|------|--------------|------|-------------------------------|------|
| | 1994 | 1995 | 1994 | 1995 | 1994 | 1995 | 1994 | 1995 | 1994 | 1995 | 1994 | 1995 | 1994 | 1995 | 1994 | 1995 |
| | Males and Females 5 and Under | 94 | 87 | 10 | 8 | 6 | 4 | (b) | (b) | 17 | 18 | 16 | 15 | 14 | 14 | 41 |
| Males | | | | | | | | | | | | | | | | |
| 6-11 | 131 | 161 | 19 | 18 | 9 | 7 | 0 | (b) | 22 | 27 | 19 | 25 | 16 | 22 | 51 | 68 |
| 12-19 | 238 | 256 | 31 | 29 | 11 | 11 | 1 | 1 | 21 | 27 | 40 | 26 | 29 | 23 | 119 | 150 |
| 20 and over | 266 | 283 | 35 | 41 | 17 | 14 | 2 | 1 | 29 | 27 | 39 | 31 | 30 | 27 | 124 | 149 |
| Females | | | | | | | | | | | | | | | | |
| 6-11 | 117 | 136 | 18 | 16 | 5 | 5 | (b) | (b) | 18 | 20 | 19 | 17 | 15 | 14 | 51 | 69 |
| 12-19 | 164 | 158 | 23 | 22 | 5 | 7 | (b) | 0 | 16 | 10 | 20 | 19 | 15 | 18 | 94 | 82 |
| 20 and over | 168 | 167 | 18 | 21 | 9 | 11 | 1 | 1 | 16 | 15 | 25 | 22 | 20 | 19 | 87 | 83 |
| All individuals | 195 | 202 | 24 | 27 | 11 | 10 | 1 | 1 | 21 | 21 | 29 | 24 | 23 | 21 | 98 | 104 |

^a Based on USDA CSFII 1994 and 1995 data for one day.
^b Less than 0.5 g/day but more than 0.
^c Includes mixtures containing meat, poultry, or fish as a main ingredient.
Source: USDA, 1996a; 1996b.

Table 11-15. Mean Dairy Product Intakes Per Individual in a Day, by Sex and Age (g/day as consumed) for 1994 and 1995

| Group Age (yrs.) | Total Fluid Milk | | Whole Milk | | Lowfat Milk | | Cheese | | Eggs | |
|----------------------------------|------------------|------|------------|------|-------------|------|--------|------|------|------|
| | 1994 | 1995 | 1994 | 1995 | 1994 | 1995 | 1994 | 1995 | 1994 | 1995 |
| Males and Females 5 and under | 424 | 441 | 169 | 165 | 130 | 129 | 12 | 9 | 11 | 13 |
| Males | | | | | | | | | | |
| 6-11 | 407 | 400 | 107 | 128 | 188 | 164 | 11 | 12 | 13 | 15 |
| 12-19 | 346 | 396 | 105 | 105 | 160 | 176 | 19 | 20 | 18 | 24 |
| 20 and over | 195 | 206 | 50 | 57 | 83 | 88 | 19 | 16 | 23 | 23 |
| Females | | | | | | | | | | |
| 6-11 | 340 | 330 | 101 | 93 | 136 | 146 | 17 | 13 | 12 | 15 |
| 12-19 | 239 | 235 | 75 | 71 | 88 | 107 | 14 | 13 | 13 | 17 |
| 20 and over | 157 | 158 | 37 | 32 | 56 | 57 | 16 | 15 | 15 | 16 |
| All individuals | 229 | 236 | 65 | 66 | 89 | 92 | 17 | 15 | 17 | 19 |

^a Based on USDA CSFII 1994 and 1995 data for one day.
Source: USDA, 1996a; 1996b.