

Attachment I
Adverse Reaction Reports Related to Olestra
10th Center for Science in the Public Interest Report to the FDA



olesta1@cspinet.org
10/19/2004 03:09 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

History This message has been forwarded.

Date: 10/19/04
Name: [REDACTED]
Age: 25
Sex: Female
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? October 18, 12AM

When problem? 12 hours minutes

When problems end?

Still persist? Yes

Occations: 1 so far

- Problems/Severity:
- Diarrhea: severe
 - Couldn't control bowels; soiled clothing: No
 - Loose stools:
 - Nausea: mild
 - Pecal urgency: severe
 - Flatulence/Gas: severe
 - Bloating:
 - Abdominal cramps: moderate
 - Vomiting: none
 - Yellow-orange stains in underwear: moderate
 - Greasy stools: severe
 - Oil in toilet: moderate
 - Other:

additional details:
The Ruffles brand cheddar and sour cream potato chips were marketed as "light" "reduced calorie" and I did not notice until after reading the ingredients and having severe intestinal problems Olestra was in the ingredients. Should be much more clearly labeled on the front of bag, not just listed in ingredients, as my reaction was severely unpleasant. Did not say "WOW" on package.

eat olestra again? No
problems again? No

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Ruffles Cheddar, size: medium, amount:
Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No
specify GI: Did you have the flu, allergy, or other illness that might have
explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes
I take care of my baby daughter full time and I was in the bathroom all day,
unable to take proper care of her, she stayed with me in the same vicinity.

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? google



olesta1@cspinet.org
10/19/2004 06:14 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 10/19/2004

Name: [REDACTED]

Age: 34

Sex: F

Address: [REDACTED]

Occupation: [REDACTED]

Email: [REDACTED]

Phone: ()

Fax: ()

Suffer: Yes

When eat? Oct. 19 -- 10:00 am

When problem? 6 hours 0 minutes

When problems end? not sure if they're done!

Still persist? Yes

Occations: 2

Problems/Severity:

- Diarrhea: mild
- Couldn't control bowels; soiled clothing: No
- Loose stools: none
- Nausea: none
- Fecal urgency: mild
- Flatulence/Gas: moderate
- Bloating:
- Abdominal cramps: moderate
- Vomiting: none
- Yellow-orange stains in underwear: none
- Greasy stools: mild
- Oil in toilet: mild
- Other:

additional details:

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? Yes

Read label before eating?

Would you have linked your symptoms? No

Which olestra product?

- Original Pringles, size: regular, amount: 15 chips
Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No
specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? No

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? Did a Google search



olesta1@cspinet.org
10/21/2004 09:29 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 10/21/04

Name: [REDACTED]

Age: 41

Sex: Male

Address: [REDACTED]

Occupation: [REDACTED]

Email: [REDACTED]

Phone: [REDACTED]

Fax: ()

Suffer: Yes

When eat? 10/20/04

When problem? 8 hours minutes

When problems end? 10/21/04

Still persist? No

Occations: 1

Problems/Severity:

- Diarrhea: none
- Couldn't control bowels; soiled clothing: No
- Loose stools: none
- Nausea: none
- Fecal urgency: mild
- Flatulence/Gas: moderate
- Bloating:
- Abdominal cramps: mild
- Vomiting: none
- Yellow-orange stains in underwear: none
- Greasy stools: none
- Oil in toilet: none
- Other:

additional details:

I thought my ass was going to explode. Burning sensation in rectum/anus/whatever you call it.

eat olestra again? No

problems again? No

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Ruffles, size: 6.25 oz, amount: 1/2 pkg

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

Inconvenience. Did not feel like walk to lunch with clients.

seek medical help? No

emergency room? No

diagnosis? n/a

medication? Yes

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response? I will

Media? No

web site? Google



olesta1@cspinet.org
10/23/2004 12:22 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

History:  This message has been replied to.

Date: 10/23/04

Name: [REDACTED]

Age: 63

Sex: female

Address: [REDACTED]

Occupation: [REDACTED]

Email: [REDACTED]

Phone: [REDACTED]

Fax: ()

Suffer: No

When eat?

When problem? hours minutes

When problems end?

Still persist?

Occations:

Problems/Severity:

- Diarrhea: none
- Couldn't control bowels; soiled clothing:
- Loose stools: mild
- Nausea:
- Fecal urgency: none
- Flatulence/Gas: mild
- Bloating:
- Abdominal cramps: mild
- Vomiting: none
- Yellow-orange stains in underwear: none
- Greasy stools: none
- Oil in toilet: none
- Other:

additional details:

I was recently diagnosed with early stage cataracts. The doctor was very concerned as cataracts normally do not occur until after 65. He questioned me as to possible causes, i.e. family history (none) diabetes (none) Steroid/prednesone use (none). The only thing that has changed in the past three years was eating WOW chips. Could the blocked vitamins on a long term basis have caused this problem?? Very curious, after reading information we have certainly stopped eating WOW chips, but now we're trying to find out if this is a possible cause. Any help would be most appreciated. Mary Vogt

eat olestra again? Yes
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? Yes

Would you have eaten the chips? Yes

Read label before eating?

Would you have linked your symptoms? No

Which olestra product?

- Lay's Regular, size: , amount:

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? No

seek medical help? Yes

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? Yes

web site? google search engine



olesta1@cspinet.org
10/25/2004 02:38 AM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 10/24/04
Name: [REDACTED]
Age: 63
Sex: F
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? 10/24/04 7PM

When problem? 2 hours 15 minutes

When problems end? 10/24/04 11:45

Still persist? No

Occations: 1

- Problems/Severity:
- Diarrhea: severe
 - Couldn't control bowels; soiled clothing: Yes
 - Loose stools: none
 - Nausea: moderate
 - Fecal urgency: severe
 - Flatulence/Gas:
 - Bloating:
 - Abdominal cramps:
 - Vomiting:
 - Yellow-orange stains in underwear:
 - Greasy stools:
 - Oil in toilet:
 - Other:

additional details:

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? Yes

Read label before eating?

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms?

Which olestra product?

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No
specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes
couldn't drive or function

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? Yes

web site? typed in "olean side effects" under search on the internet



olesta1@cspinet.org
10/26/2004 03:28 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 10-25-2004
Name: [REDACTED]
Age: 46
Sex: F
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: ()
Fax: ()

Suffer: Yes

When eat? 10-24-04 evening

When problem? 15 hours minutes

When problems end? 10-25-04 noon

Still persist? No

Occations: 1

- Problems/Severity:
- Diarrhea: mild
 - Couldn't control bowels; soiled clothing: No
 - Loose stools: none
 - Nausea: mild
 - Fecal urgency: none
 - Flatulence/Gas: mild
 - Bloating:
 - Abdominal cramps: moderate
 - Vomiting: none
 - Yellow-orange stains in underwear: none
 - Greasy stools: none
 - Oil in toilet: none
 - Other:

additional details:
Purchased Tostitos Light Restaurant Style Chips for a party. Had heard for years of "Wow" brand chips and have avoided them because of possible side-effects of Olestra. Did not realize until after stomach problems that the chips contained Olestra. I think they should print that visibly on the packages of any product that contains this.

eat olestra again? No
problems again? No

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have linked your symptoms? Yes

Which olestra product?

- Original Pringles, size: 6.5, amount: 6 chips

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? No

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company?

response?

Media? Yes

web site? friend surfed for us



olesta1@cspinet.org
10/27/2004 05:20 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 10/27/04
Name: [REDACTED]
Age: 56
Sex: F
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? 10/26/04, 1PM

When problem? 12 hours minutes

When problems end? 10/27/04, 8AM

Still persist? No

Occations: 1

- Problems/Severity:
- Diarrhea: severe
 - Couldn't control bowels; soiled clothing: No
 - Loose stools: none
 - Nausea: none
 - Fecal urgency: severe
 - Flatulence/Gas: moderate
 - Bloating:
 - Abdominal cramps: mild
 - Vomiting: none
 - Yellow-orange stains in underwear: mild
 - Greasy stools: mild
 - Oil in toilet: mild
 - Other:

additional details:

eat olestra again? Yes
problems again? Yes

Problem(s) reoccurred? diarrhea

Packet bear label stating olestra may cause?

Would you have eaten the chips?

Read label before eating?

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Tostitos, size: , amount:

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

inconvenience of having stomach problems

seek medical help? No

emergency room?

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? looked it up on the internet



olesta1@cspinet.org
10/28/2004 09:29 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 10/27/2004
Name: [REDACTED]
Age: 40
Sex: female
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? 10-25-2004

When problem? 12 hours 0 minutes

When problems end? n/a

Still persist? Yes

Occations: 2

Problems/Severity:

- Diarrhea: severe
- Couldn't control bowels; soiled clothing: No
- Loose stools: severe
- Nausea: mild
- Fecal urgency: severe
- Flatulence/Gas: mild
- Bloating:
- Abdominal cramps: severe
- Vomiting: none
- Yellow-orange stains in underwear: mild
- Greasy stools: moderate
- Oil in toilet: mild
- Other:

additional details:

This happened last week, and I had no idea what was going on. This week I ate the chips again, and last night I wanted to either die or go to the hospital. My small intestines are raw feeling, and I have a flutter feeling still inside them.

I have thrown them out and never want to touch Olestra products again.

eat olestra again? Yes
problems again? Yes

Problem(s) reoccurred? sever abdomnial pain, diarrhea, nauesa

Packet bear label stating olestra may cause? Yes

Would you have linked your symptoms?

Which olestra product?

- Lay's Regular, size: large, amount: a handful from a buffet

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

had to leave a meeting abruptly & ultimately go home

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? internet link cspi



olesta1@cspinet.org
10/30/2004 09:33 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 10/30/04
Name: [REDACTED]
Age: 30
Sex: F
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? 10/25/04

When problem? 1 hours minutes

When problems end?

Still persist? Yes

Occations: 1

- Problems/Severity:
- Diarrhea: severe
 - Couldn't control bowels; soiled clothing: No
 - Loose stools: severe
 - Nausea: severe
 - Fecal urgency: mild
 - Flatulence/Gas: severe
 - Bloating:
 - Abdominal cramps: severe
 - Vomiting: none
 - Yellow-orange stains in underwear: moderate
 - Greasy stools: severe
 - Oil in toilet: severe
 - Other:

additional details:

I ate the chips throughout the week and didn't feel good. I had a yellowish/orange stain and I have horrible gas and nausea. My stools are watery and disgusting. I finally figured out what was causing the problem but am stilling having the side effects. I will never eat these again!

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? No

Which olestra product?

- Lay's KC Masterpiece BBQ, size: , amount:

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

almost pooped in my pants at the store

seek medical help? No

emergency room? No

diagnosis?

medication? Yes

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? Yes

web site? on the web



olesta1@cspinet.org
11/01/2004 12:49 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

History: ↩ This message has been forwarded.

Date: 11/04/04
Name: ██████████
Age: 24
Sex: F
Address:
Occupation: ██████████
Email:
Phone: ()
Fax: ()

Suffer: Yes

When eat? 10/30/04

When problem? 1 hours 30 minutes

When problems end? 10/31/04 late PM

Still persist? No

Occations: 1

- Problems/Severity:
- Diarrhea: mild
 - Couldn't control bowels; soiled clothing: No
 - Loose stools: moderate
 - Nausea: mild
 - Fecal urgency: mild
 - Flatulence/Gas: mild
 - Bloating:
 - Abdominal cramps: mild
 - Vomiting: none
 - Yellow-orange stains in underwear: none
 - Greasy stools: mild
 - Oil in toilet: none
 - Other:

additional details:

I purchased the newly packaged Lays potatoe chips. I did not realize until after I got home from the store that they contained Olestra b/c this fact is hidden on the packaging. I find this to be very misleading for the consumer. I would not have purchased the product if I had realized it was made with Olestra.

eat olestra again? Yes
problems again? Yes

Problem(s) reoccurred? diarrhea, stomach cramping, gas

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Ruffles, size: large, amount: 1/4 package

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

Had horrible foul smelling gas. I couldn't even watch my 6 year old son receive his trophy for his football because I was passing gas almost every minute.

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? Yes

response? I called today but because it was a Saturday they weren't in but they will be getting a call first thing Monday morning. I am very upset.

Media? Yes

web site? I looked up Olestra online.



olesta1@cspinet.org
11/01/2004 02:13 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/1/04

Name: [REDACTED]

Age: 48

Sex: F

Address: [REDACTED]

Occupation: [REDACTED]

Email: [REDACTED]

Phone: [REDACTED]

Fax: ()

Suffer: Yes

When eat? April 29, 1999

When problem? 5 hours minutes

When problems end? April 30, 1999

Still persist? No

Occations: 1.5

Problems/Severity:

- Diarrhea: severe
- Couldn't control bowels; soiled clothing: Yes
- Loose stools: moderate
- Nausea: severe
- Fecal urgency: severe
- Flatulence/Gas: none
- Bloating:
- Abdominal cramps: severe
- Vomiting: severe
- Yellow-orange stains in underwear: none
- Greasy stools: none
- Oil in toilet: none
- Other:

additional details:

I just found this site, but this happened 5 years ago, I remember the date because I was traveling to Alabama (from Miami, Florida) and snacking on the WOW chips, thinking I was doing something healthier. I was sooo sick I had to stop and spend the night somewhere instead of finishing my trip. The next morning, I was queasy, but well enough to finish my trip

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Lay's Regular, size: 13 to 15 oz, amount: 1/2

- Tostitos, size: , amount: a few chips

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? No

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? google



olesta1@cspinet.org
11/01/2004 04:36 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: Nov. 1, 2004
Name: [REDACTED]
Age: 63
Sex: Male
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? 10-26,27 Evening

When problem? 24 + hours minutes

When problems end? 10-31 evening

Still persist? No

Occations: 2-3

Problems/Severity:

- Diarrhea: severe
- Couldn't control bowels; soiled clothing: Yes
- Loose stools: severe
- Nausea: mild
- Fecal urgency: severe
- Flatulence/Gas: severe
- Bloating:
- Abdominal cramps: severe
- Vomiting: mild
- Yellow-orange stains in underwear: none
- Greasy stools: severe
- Oil in toilet: severe
- Other: Signs of blood in Diarrhea

additional details:

Blood showed up the second day. Dr. said I probably broke small capillaries.

Call was placed before realizing about Olestra.

Personal freind directed me to Olestra web sites

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes
as described above

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? Yes

web site? wadsworth.com



olesta1@cspinet.org
11/02/2004 10:16 AM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/2/2004
Name: [REDACTED]
Age: 26
Sex: F
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: ()
Fax: ()

Suffer: Yes

When eat? 10/31 8:00pm

When problem? hours 45 minutes

When problems end?

Still persist? Yes

Occations: 2

- Problems/Severity:
- Diarrhea: none
 - Couldn't control bowels; soiled clothing: No
 - Loose stools: mild
 - Nausea: mild
 - Fecal urgency: none
 - Flatulence/Gas: mild
 - Bloating:
 - Abdominal cramps: severe
 - Vomiting: none
 - Yellow-orange stains in underwear: none
 - Greasy stools: mild
 - Oil in toilet: none
 - Other:

additional details:

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? Yes

Read label before eating?

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Ruffles, size: Medium, amount:
Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No
specify GI: Did you have the flu, allergy, or other illness that might have
explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes
Had to stay close to bathroom

seek medical help? No

emergency room? No

diagnosis?

medication? Yes

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? Yes

response? Indicated that label was no longer required

Media? Yes

web site? From Michael Jacobson Ph.D



olesta 1@cspinet.org
11/03/2004 01:18 AM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11-02-2004
Name: [REDACTED]
Age: 48
Sex: Male
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? 10-29/10-30/10-31 2004

When problem? 5 hours minutes

When problems end? still have 11-02-2004

Still persist? Yes

Occations: 3

Problems/Severity:

- Diarrhea: moderate
- Couldn't control bowels; soiled clothing: Yes
- Loose stools: moderate
- Nausea: moderate
- Fecal urgency: severe
- Flatulence/Gas: moderate
- Bloating:
- Abdominal cramps: mild
- Vomiting: none
- Yellow-orange stains in underwear: severe
- Greasy stools: moderate
- Oil in toilet: moderate
- Other: blood clots and watery substance in underwear

additional details:

These symptoms happened to both my mother and myself, and continue to bother us even after stopping olestra. We noticed olestra is also in Lays sour cream cheddar and Lays "Light" potato chips, which is what we were eating.

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause?

Would you have eaten the chips? No

Would you have linked your symptoms? Yes

Which olestra product?

- Tostitos, size: , amount: 1/6 package

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

Spend 5 hours in the ER, had to have husband take our 3 year old to work with him

seek medical help? Yes

emergency room? Yes

diagnosis? unknown

medication? Yes

antacid and tylenol

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? Yes

web site? msn search



olesta1@cspinet.org
11/03/2004 03:05 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/3/04
Name: [REDACTED]
Age: 62
Sex: F
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: ()
Fax: ()

Suffer: Yes

When eat? 11/2 8 PM

When problem? 2 hours minutes

When problems end?

Still persist? Yes

Occations: 1

- Problems/Severity:
- Diarrhea: moderate
 - Couldn't control bowels; soiled clothing: No
 - Loose stools: moderate
 - Nausea: mild
 - Fecal urgency: moderate
 - Flatulence/Gas: severe
 - Bloating:
 - Abdominal cramps: mild
 - Vomiting: none
 - Yellow-orange stains in underwear: none
 - Greasy stools: moderate
 - Oil in toilet: none
 - Other:

additional details:

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Lay's Regular, size: 10.25 oz, amount: a few chips
 - Ruffles Cheddar, size: 10.25 oz, amount: just a few
- Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No
specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes
learning new job...very inconvenient to run to bathroom

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? Yes

web site? my mom showed me the ingredient and told me to look it up on internet



olesta1@cspinet.org
11/03/2004 05:54 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/3/04
Name: [REDACTED]
Age: 20
Sex: F
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? 11/1 and 11/2 around 12

When problem? 12 hours minutes

When problems end?

Still persist? Yes

Occations: 2

Problems/Severity:

- Diarrhea: moderate
- Couldn't control bowels; soiled clothing: No
- Loose stools: moderate
- Nausea: moderate
- Fecal urgency: moderate
- Flatulence/Gas: mild
- Bloating:
- Abdominal cramps: mild
- Vomiting: none
- Yellow-orange stains in underwear:
- Greasy stools: mild
- Oil in toilet: none
- Other:

additional details:

I'm pretty mad that i got sick during my classes b/c of 10 chips i ate for lunch the day before. I don't need that kind of stres.....there need to be a warning.

eat olestra again? No

problems again? No

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Would you have linked your symptoms? Yes

Which olestra product?

- Lay's Regular, size: large, amount: 1/4 bag
Eat with a meal? Which meal?

Eat as a snack?

History of GI problems?

Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? No

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? Search Engine



olestra1@cspinet.org
11/04/2004 03:36 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11-0404
Name: [REDACTED]
Age: 40
Sex: f
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? 11-03-04 2pm

When problem? 20 hours minutes

When problems end? 10 am 11-04-04

Still persist? No

Occations: 1

Problems/Severity:

- Diarrhea:
- Couldn't control bowels; soiled clothing:
- Loose stools:
- Nausea:
- Fecal urgency: severe
- Flatulence/Gas:
- Bloating:
- Abdominal cramps:
- Vomiting:
- Yellow-orange stains in underwear:
- Greasy stools:
- Oil in toilet:
- Other:

additional details:

eat olestra again? No
problems again? No

Problem(s) reoccurred?

Packet bear label stating olestra may cause?

Would you have eaten the chips? No

Read label before eating?

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Ruffles Cheddar, size: medium, amount: serving size

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? Yes

specify GI: IBS Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

i had to leave class to use the bathroom which means i had to miss notes and it was disruptive

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? search



olesta1@cspinet.org
11/05/2004 12:53 AM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/4/04
Name:
Age: 20
Sex: f
Address:
Occupation: student
Email:
Phone: ()
Fax: ()

Suffer: Yes

When eat? 11/4/04 5 pm

When problem? 1 hours minutes

When problems end?

Still persist? Yes

Occations: 3

Problems/Severity:

- Diarrhea: none
- Couldn't control bowels; soiled clothing:
- Loose stools: none
- Nausea:
- Fecal urgency:
- Flatulence/Gas:
- Bloating:
- Abdominal cramps: severe
- Vomiting:
- Yellow-orange stains in underwear:
- Greasy stools: none
- Oil in toilet:
- Other:

additional details:

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Lay's Regular, size: Large, amount: 1/2 package
Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No
specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes
Instead of heading to work after taking kids to school, I had to hurry home and use the restroom. I was really scared I might not make it, and I barely did.

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? looking up Olestra on the web

Would you have linked your symptoms? Yes

Which olestra product?

- SCO Pringles, size: 6.5, amount: 1/4

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site?



olesta1@cspinet.org

11/06/2004 08:28 AM

To olestra@cspinet.org

cc

bcc

Subject Olestra Form

Date: 11/5/04

Name: [REDACTED]

Age: 26

Sex: Male

Address: [REDACTED]

Occupation: [REDACTED]

Email: [REDACTED]

Phone: [REDACTED]

Fax: ()

Suffer: Yes

When eat? 11/5/2004 10pm EST

When problem? 8 hours minutes

When problems end? 11/6/2004 5pm

Still persist? No

Occations: 1

Problems/Severity:

- Diarrhea: mild
- Couldn't control bowels; soiled clothing: No
- Loose stools: mild
- Nausea: none
- Fecal urgency: none
- Flatulence/Gas: none
- Bloating:
- Abdominal cramps: none
- Vomiting: none
- Yellow-orange stains in underwear: none
- Greasy stools: mild
- Oil in toilet: mild
- Other:

additional details:

eat olestra again? Yes

problems again? Yes

Problem(s) reoccurred? Same, but with slight headache

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Lay's Regular, size: large, amount: 25-30

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? Yes

specify GI: RA patient who cannot take some NSAIDs because of acidity. I did have an incidence like this in November, but don't know if I had eaten them then. Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

Kept me up the entire night, went to the doctor in the morning.

seek medical help? Yes

emergency room? No

diagnosis? I have done a gall bladder scan- no results yet.

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? Found it with search engine.



olesta1@cspinet.org
11/06/2004 04:24 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/06/04
Name: [REDACTED]
Age: 55
Sex: F
Address: [REDACTED]
Occupation: [REDACTED]
Email:
Phone: ()
Fax: ()

Suffer: Yes

When eat? 10-31/04

When problem? hours minutes

When problems end?

Still persist? Yes

Occations: 1

Problems/Severity:

- Diarrhea: severe
- Couldn't control bowels; soiled clothing: Yes
- Loose stools: severe
- Nausea: none
- Fecal urgency: none
- Flatulence/Gas: mild
- Bloating:
- Abdominal cramps: none
- Vomiting: none
- Yellow-orange stains in underwear: moderate
- Greasy stools: none
- Oil in toilet: none
- Other:

additional details:

They need to take this product off the market since you can't be that far from a bathroom and I am serious about it for everything you eat doesn't stay with you. Even liquids. THIS NEEDS TO BE OFF THE MARKET BEFORE SOMETHING VERY SERIOUS LIKE DEATH HAPPENS. They know there is a problem and this is something that should not be on the market. I will never buy that type again and will check the labels of other chips.

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have linked your symptoms? Yes

Which olestra product?

- SCO Pringles, size: Regular, amount: Whole Package
 - Lay's Regular, size: 10 1/4 oz., amount: 3/4 Package
- Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No
specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? No

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site?

U-22



olesta1@cspinet.org
11/07/2004 09:45 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/7/04
Name: [REDACTED]
Age: 50
Sex: Male
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: ()
Fax: ()

Suffer: Yes

When eat? 10/10/02 afternoon

When problem? 2 hours minutes

When problems end? 10/14/02

Still persist? No

Occations: No

- Problems/Severity:
- Diarrhea: severe
 - Couldn't control bowels; soiled clothing: Yes
 - Loose stools: severe
 - Nausea: moderate
 - Fecal urgency: severe
 - Flatulence/Gas: severe
 - Bloating:
 - Abdominal cramps: moderate
 - Vomiting: mild
 - Yellow-orange stains in underwear: mild
 - Greasy stools: moderate
 - Oil in toilet: moderate
 - Other:

additional details:

I am known to have a strong stomach, and eating a few bags of light chips caused me the most excruciating pain I've every known. I seriously thought I was going to strain my rectal muscles because I was excreting at such a rapid rate.

eat olestra again? Yes
problems again? Yes

Problem(s) reoccurred? The severe diarrhea/mild vomiting

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Original Pringles, size: 10 1/4 oz, amount: 17+

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems?

Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? No

I didn't venture far from the bathroom

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response? But I will now.

Media? No

web site? Just ran across it.



olestra1@cspinet.org
11/07/2004 11:58 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 7Nov2004
Name: [REDACTED]
Age: 21
Sex: F
Address: [REDACTED]
Occupation: [REDACTED]
Email:
Phone: ()
Fax: ()

Suffer: Yes

When eat? 2Nov2004, 9 pm

When problem? 7 hours minutes

When problems end? 4Nov2004, 7 am

Still persist? No

Occations: 1

Problems/Severity:

- Diarrhea: moderate
- Couldn't control bowels; soiled clothing: No
- Loose stools: moderate
- Nausea: severe
- Fecal urgency: moderate
- Flatulence/Gas: moderate
- Bloating:
- Abdominal cramps: moderate
- Vomiting: none
- Yellow-orange stains in underwear: none
- Greasy stools: none
- Oil in toilet: none
- Other:

additional details:

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Lay's Regular, size: small, amount: 2 packages
- Ruffles Cheddar, size: medium, amount: 1 package
Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No
specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes
Due to the flatulence, I went to the restroom to find orangy stains on my skivvies.

seek medical help? Yes

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? Yes

web site? I looked up Anal Leakage on google.



olesta1@cspinet.org
11/08/2004 12:12 AM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/7/2004
Name: [REDACTED]
Age: 22
Sex: Female
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? 11/6/2004 9pm CST

When problem? 5 hours 00 minutes

When problems end?

Still persist? Yes

Occations: 1

- Problems/Severity:
- Diarrhea: mild
 - Couldn't control bowels; soiled clothing:
 - Loose stools: mild
 - Nausea: mild
 - Fecal urgency: moderate
 - Flatulence/Gas: severe
 - Bloating:
 - Abdominal cramps: severe
 - Vomiting: none
 - Yellow-orange stains in underwear: mild
 - Greasy stools: moderate
 - Oil in toilet: moderate
 - Other:

additional details:
Olestra should be removed from products.

eat olestra again? No
problems again? Yes

Problem(s) reoccurred? exessive gas

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- SCO Pringles, size: regular, amount: 1/4 package

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

unable to leave home for 1 day

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site?



olesta1@cspinet.org
11/08/2004 02:12 AM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/07/04
Name: [REDACTED]
Age: 28
Sex: Male
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: (do) not call
Fax: ()

Suffer: Yes

When eat? all day Sunday starting at about 10 am

When problem? 10 hours minutes

When problems end? still having them

Still persist? Yes

Occations: 2

Problems/Severity:

- Diarrhea: mild
- Couldn't control bowels; soiled clothing: No
- Loose stools: mild
- Nausea: none
- Fecal urgency: mild
- Flatulence/Gas: severe
- Bloating:
- Abdominal cramps: moderate
- Vomiting: none
- Yellow-orange stains in underwear: none
- Greasy stools: mild
- Oil in toilet: mild
- Other:

additional details:

got these from eating the Pringles

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? Yes

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Tostitos, size: , amount: whole package
Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No
specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes
sever excess gas while at the library. very embarrassing!

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? Yes

web site? google search



olesta1@cspinet.org

11/08/2004 11:24 PM

To olestra@cspinet.org

cc

bcc

Subject Olestra Form

Date: 11/8/04

Name: [REDACTED]

Age: 14

Sex: female

Address: [REDACTED]

Occupation: [REDACTED]

Email: [REDACTED]

Phone: [REDACTED]

Fax: ()

Suffer: Yes

When eat? 11/8/04 at 4:00 p.m.

When problem? 2 hours minutes

When problems end? not yet

Still persist? Yes

Occations: 1

Problems/Severity:

- Diarrhea: severe
- Couldn't control bowels; soiled clothing: No
- Loose stools: severe
- Nausea: severe
- Fecal urgency:
- Flatulence/Gas:
- Bloating:
- Abdominal cramps: severe
- Vomiting:
- Yellow-orange stains in underwear:
- Greasy stools:
- Oil in toilet:
- Other:

additional details:

eat olestra again?
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Original Pringles, size: 6.5, amount: 1/4
- SCO Pringles, size: 6.5, amount: 12

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No
specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes
had to keep going to bathroom during movie

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? search engine

10-27



olesta1@cspinet.org
11/09/2004 04:34 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

History: ↗ This message has been forwarded.

Date: 11/9/04

Name: J [REDACTED]

Age: 65

Sex: female

Address: [REDACTED]

Occupation: [REDACTED]

Email: [REDACTED]

Phone: [REDACTED]

Fax: ()

Suffer: Yes

When eat? 11/9/04 1PM

When problem? 1 hours 30 minutes

When problems end? don't know yet

Still persist?

Occations: 1 so far

Problems/Severity:

- Diarrhea: moderate
- Couldn't control bowels; soiled clothing: No
- Loose stools: mild
- Nausea: none
- Fecal urgency: mild
- Flatulence/Gas: mild
- Bloating:
- Abdominal cramps: mild
- Vomiting: none
- Yellow-orange stains in underwear: none
- Greasy stools: mild
- Oil in toilet: mild
- Other: this is just 3 1/2 since eatinf lays light potato chips

additional details:

I ate 2 handfulls of Lays Light Potato chips with my lunch sandwich and in about an hour 1-1 1/2 started getting cramps and the urgency to deficate.

eat olestra again?

problems again?

Problem(s) reoccurred? haven't tried again

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No



olesta1@cspinet.org
11/09/2004 04:35 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/09/2004
Name: [REDACTED]
Age: 24
Sex: F
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? 11/08/2004

When problem? hours 15 minutes

When problems end? 11/09/2004

Still persist? No

Occations:

Problems/Severity:

- Diarrhea: none
- Couldn't control bowels; soiled clothing: No
- Loose stools: mild
- Nausea: none
- Fecal urgency: mild
- Flatulence/Gas: none
- Bloating:
- Abdominal cramps: none
- Vomiting: none
- Yellow-orange stains in underwear: none
- Greasy stools: none
- Oil in toilet: none
- Other:

additional details:

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Lay's Regular, size: med, amount: 25 chips

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

Had to run to the bathroom from where ever I happened to be

seek medical help? No

emergency room? No

diagnosis? -

medication?

-

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? Yes

response? said FDA told them only 1-2% of people are affected and therefore there is no need to put a "caution" on the package any longer! And will send me coupons to replace the products with others of theirs.

Media? Yes

web site? Just typed olestra into Yahoo for information about that product



olesta1@cspinet.org
11/12/2004 09:31 AM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/12/04
Name: Ralph Mertz
Age: 30
Sex: M
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? 11/11/04 1200

When problem? 3 hours 0 minutes

When problems end? has not ended

Still persist? Yes

Occations: 2

- Problems/Severity:
- Diarrhea: mild
 - Couldn't control bowels; soiled clothing: Yes
 - Loose stools: none
 - Nausea: mild
 - Fecal urgency: moderate
 - Flatulence/Gas: severe
 - Bloating:
 - Abdominal cramps: mild
 - Vomiting: none
 - Yellow-orange stains in underwear: mild
 - Greasy stools: mild
 - Oil in toilet: none
 - Other:

additional details:
Lays tricked me into buying the Light KC Masterpiece Chips. I did not think they were made with olestra since it was not on front of the package. Assholes!!!

eat olestra again? No
problems again? No

Problem(s) reoccurred? none

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Would you have linked your symptoms? Yes

Which olestra product?

- Doritos Nacho Cheesier, size: large, amount: 10 chips

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? No

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site?



olesta1@cspinet.org
11/15/2004 07:23 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/15/04
Name: [REDACTED]
Age: 30
Sex: female
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? 11/11/04

When problem? 12 hours minutes

When problems end? not yet

Still persist? Yes

Occations: 1

Problems/Severity:

- Diarrhea: moderate
- Couldn't control bowels; soiled clothing: No
- Loose stools: none
- Nausea: mild
- Fecal urgency: moderate
- Flatulence/Gas: none
- Bloating:
- Abdominal cramps: mild
- Vomiting: none
- Yellow-orange stains in underwear: mild
- Greasy stools: none
- Oil in toilet: none
- Other:

additional details:

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Lay's KC Masterpiece BBQ, size: , amount:

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? No

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? Yes

web site? google



olesta1@cspinet.org
11/16/2004 01:42 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: Nov. 16, 2004
Name: [REDACTED]
Age: 40
Sex: F
Address:
Occupation: [REDACTED]
Email: [REDACTED]
Phone: ()
Fax: ()

Suffer: Yes

When eat? Nov. 15, 2004

When problem? hours 30 minutes

When problems end? NA

Still persist? Yes

Occations: 2

- Problems/Severity:
- Diarrhea: none
 - Couldn't control bowels; soiled clothing:
 - Loose stools: mild
 - Nausea:
 - Fecal urgency: severe
 - Flatulence/Gas: severe
 - Bloating:
 - Abdominal cramps: moderate
 - Vomiting: none
 - Yellow-orange stains in underwear: none
 - Greasy stools: mild
 - Oil in toilet: mild
 - Other:

additional details:
If the chip makers are going to be able to continue to use this product, the warning should be included (the one that was removed).

eat olestra again? Yes
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Ruffles, size: Large, amount: few chips

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? Yes

specify GI: Acid Reflux Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? No

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? website



olesta1@cspinet.org
11/18/2004 07:09 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/18/2004
Name: [REDACTED]
Age: 71
Sex: F
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? Evening of 11/17

When problem? 12 hours minutes

When problems end? Still ongoing 11/18 6 p.m.

Still persist? Yes

Occations: one

Problems/Severity:

- Diarrhea: severe
- Couldn't control bowels; soiled clothing: Yes
- Loose stools: severe
- Nausea: mild
- Fecal urgency: severe
- Flatulence/Gas: severe
- Bloating:
- Abdominal cramps: none
- Vomiting: none
- Yellow-orange stains in underwear: none
- Greasy stools: moderate
- Oil in toilet: mild
- Other:

additional details:

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? Yes

Read label before eating?

Would you have linked your symptoms? No

Which olestra product?

- Lay's Regular, size: medium, amount: 1/2 package
Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? Yes

specify GI: Fat products cause me to have diarrhea and intestinal pain. I avoid fatty meats, butter, egg yolks, etc. I had eaten none of these; the only new item on my menu was Lay's Lite Chips, because they used Olestra and had no fat or cholesterol. When I experienced the severe diarrhea, I checked the web to see if the Olestra might have caused it. I have no doubt that this was the cause of my distress. Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? No

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? Yes

web site? I searched under "Olestra"



olesta1@cspinet.org
11/19/2004 01:40 AM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/18/04
Name: [REDACTED]
Age: 58
Sex: Male
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? 11/14/04

When problem? 3 hours 30 minutes

When problems end? 11/17/04 12 am

Still persist? Yes

Occations: 1

Problems/Severity:

- Diarrhea: severe
- Couldn't control bowels; soiled clothing: Yes
- Loose stools: severe
- Nausea: severe
- Fecal urgency: severe
- Flatulence/Gas: severe
- Bloating:
- Abdominal cramps: severe
- Vomiting: severe
- Yellow-orange stains in underwear: severe
- Greasy stools: severe
- Oil in toilet: severe
- Other: could not eat or drink....dehydration

additional details:

I ate only a few light ruffles before I realized that the product contained olestra. It was hard to find the product listed on the bag. I had a previous encounter with olestra with WOW several years ago along with my wife. If I had known that olestra was in the product, I wouldn't have eaten it.

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Ruffles, size: large, amount: 1 or 2

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Nothing but occasional constipation. Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

Not able to function at all. My wife is also disabled.

seek medical help? Yes

emergency room? No

diagnosis? Extreme diarrhea and nausea

medication? Yes

Tygan and Imodium

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? Yes

response? They were going to send me coupons

Media? Yes

web site? Google



olesta1@cspinet.org
11/21/2004 09:58 AM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: Nov/20/04

Name: [REDACTED]

Age: 26

Sex: F

Address: [REDACTED]

Occupation: [REDACTED]

Email: [REDACTED]

Phone: ()

Fax: ()

Suffer: Yes

When eat? Nov/19, 7:00pm

When problem? 2 hours minutes

When problems end?

Still persist? Yes

Occations: 1

Problems/Severity:

- Diarrhea: moderate
- Couldn't control bowels; soiled clothing: No
- Loose stools: severe
- Nausea: moderate
- Fecal urgency: moderate
- Flatulence/Gas: mild
- Bloating:
- Abdominal cramps: mild
- Vomiting: none
- Yellow-orange stains in underwear: none
- Greasy stools: severe
- Oil in toilet: moderate
- Other:

additional details:

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? No

Which olestra product?

- Tostitos, size: , amount:

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

Bad night's sleep

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? Yes

web site? Online search for Olestra problems



olesta1@cspinet.org
11/23/2004 05:10 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

History: This message has been forwarded.

Date: 11/23/04
Name:
Age: 48
Sex: Male
Address:
Occupation:
Email:
Phone:
Fax: ()

Suffer: Yes

When eat? 11/20/04 11:00PM

When problem? 18 hours 0 minutes

When problems end?

Still persist? Yes

Occations: 3

- Problems/Severity:
- Diarrhea: severe
 - Couldn't control bowels; soiled clothing: Yes
 - Loose stools: severe
 - Nausea: mild
 - Fecal urgency:
 - Flatulence/Gas: moderate
 - Bloating:
 - Abdominal cramps: moderate
 - Vomiting: none
 - Yellow-orange stains in underwear: mild
 - Greasy stools: moderate
 - Oil in toilet: severe
 - Other:

additional details:

eat olestra again? No
problems again? No

Problem(s) reoccurred?

Packet bear label stating olestra may cause? Yes

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? No

Which olestra product?

- Ruffles Cheddar, size: 13-15 oz., amount:

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? Yes

specify GI: I have GIRD. And I take Prilosec for it. Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? No

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? google search engine



olesta1@cspinet.org
11/26/2004 07:17 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/25/04
Name: [REDACTED]
Age: 21
Sex: f
Address: [REDACTED]
Occupation: [REDACTED]
Email:
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? 11/25/04

When problem? 2 hours 30 minutes

When problems end?

Still persist? Yes

Occations: 2

- Problems/Severity:
- Diarrhea: none
 - Couldn't control bowels; soiled clothing: No
 - Loose stools: severe
 - Nausea: severe
 - Fecal urgency: none
 - Flatulence/Gas: severe
 - Bloating:
 - Abdominal cramps: mild
 - Vomiting: none
 - Yellow-orange stains in underwear: none
 - Greasy stools: none
 - Oil in toilet: mild
 - Other:

additional details:
TAKE IT OFF THE MARKET

eat olestra again? No
problems again? No

Problem(s) reoccurred?

Packet bear label stating olestra may cause? Yes

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Ruffles, size: , amount: 1/4 package

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? No

seek medical help? No

emergency room?

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? internet



olesta1@cspinet.org
11/26/2004 09:46 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/26/04
Name: [REDACTED]
Age: 29
Sex: Male
Address:
Occupation: [REDACTED]
Email: [REDACTED]
Phone: ()
Fax: ()

Suffer: Yes

When eat? 11/21/04 8:00pm .

When problem? 10 hours minutes

When problems end?

Still persist? Yes

Occations: 2

Problems/Severity:

- Diarrhea: severe
- Couldn't control bowels; soiled clothing: No
- Loose stools: moderate
- Nausea: none
- Fecal urgency: severe
- Flatulence/Gas: moderate
- Bloating:
- Abdominal cramps: moderate
- Vomiting: none
- Yellow-orange stains in underwear: moderate
- Greasy stools: severe
- Oil in toilet: moderate
- Other: felt like I couldn't get "clean"

additional details:

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Ruffles, size: 13 OZ, amount:
 - Ruffles Cheddar, size: , amount:
- Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No
specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? No

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? SEARCHED FOR IT



olesta1@cspinet.org
11/26/2004 09:51 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/26/04
Name: [REDACTED]
Age: 23
Sex: Female
Address:
Occupation: [REDACTED]
Email: [REDACTED]
Phone: ()
Fax: ()

Suffer: Yes

When eat? 11/21/04 8:00pm

When problem? 12 hours minutes

When problems end?

Still persist? Yes

Occations: 3

- Problems/Severity:
- Diarrhea: none
 - Couldn't control bowels; soiled clothing:
 - Loose stools: mild
 - Nausea: none
 - Fecal urgency: none
 - Flatulence/Gas: moderate
 - Bloating:
 - Abdominal cramps: moderate
 - Vomiting: none
 - Yellow-orange stains in underwear: moderate
 - Greasy stools: severe
 - Oil in toilet: severe
 - Other:

additional details:

eat olestra again? No
problems again? No

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eater. the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Tostitos, size: , amount: 20 chips

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

I was barely able to make it to the toilet fast enough...then stomach problems during the day

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? I looked it up on Yahoo



olesta1@cspinet.org
11/28/2004 06:33 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11-28-04
Name: [REDACTED]
Age: 42
Sex: M
Address: [REDACTED]
Occupation: P [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? ~11-1 to 11-28-04

When problem? hours minutes

When problems end?

Still persist? Yes

Occations: many

Problems/Severity:

- Diarrhea: mild
- Couldn't control bowels; soiled clothing: No
- Loose stools: mild
- Nausea: mild
- Fecal urgency: mild
- Flatulence/Gas: moderate
- Bloating:
- Abdominal cramps: moderate
- Vomiting: none
- Yellow-orange stains in underwear: mild
- Greasy stools: moderate
- Oil in toilet: moderate
- Other:

additional details:

I wasn't sure what was causing my symptoms, but after analysing my diet, I came to the conclusion that eating these products was the only thing different about my routine. I was eating a small one serving bag with my Subway sandwich almost daily. It was not until I noticed the strange colored stools and the oil in the toilet that I began to worry about what might be causing it. I am still having symptoms, but now that I have found this info, I will no longer eat these products and hope the symptoms go away.

eat olestra again?

problems again?

Problem(s) reoccurred?

Would you have linked your symptoms? Yes

Which olestra product?

- Ruffles Cheddar, size: Medium, amount: 1/2 package

- Tostitos, size: , amount: 20 chips

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes
inconvenience

seek medical help? No

emergency room?

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site?



olesta1@cspinet.org
11/29/2004 06:13 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 11/29/2004

Name: [REDACTED]

Age: 34

Sex: M

Address: [REDACTED]

Occupation: [REDACTED]

Email: [REDACTED]

Phone: ()

Fax: ()

Suffer: Yes

When eat? 11/28/2004

When problem? 3 hours minutes

When problems end?

Still persist? Yes

Occations: 2

Problems/Severity:

- Diarrhea: moderate
- Couldn't control bowels; soiled clothing:
- Loose stools: severe
- Nausea: mild
- Fecal urgency: moderate
- Flatulence/Gas: moderate
- Bloating:
- Abdominal cramps: moderate
- Vomiting: none
- Yellow-orange stains in underwear: mild
- Greasy stools: moderate
- Oil in toilet: moderate
- Other:

additional details:

eat olestra again? Yes

problems again? Yes

Problem(s) reoccurred? all

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Packet bear label stating olestra may cause?

Would you have eaten the chips?

Read label before eating?

Would you have linked your symptoms?

Which olestra product?

- Original Pringles, size: 1.5 servings, amount: daily - all

- SCO Pringles, size: 1.5 servings, amount: daily - all

- Lay's Regular, size: small bag, amount: all

- Doritos Nacho Cheesier, size: small bag, amount: all

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

urgent need to use restroom - stains

seek medical help? No

emergency room?

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? Yes

web site? Google



olesta1@cspinet.org
11/29/2004 11:55 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: November 29

Name: [REDACTED]

Age: 25

Sex: F

Address: [REDACTED]

Occupation: [REDACTED]

Email: [REDACTED]

Phone: ()

Fax: ()

Suffer: Yes

When eat? evening 8pm

When problem? hours 45 minutes

When problems end?

Still persist? Yes

Occations: 1

Problems/Severity:

- Diarrhea: none
- Couldn't control bowels; soiled clothing: No
- Loose stools: none
- Nausea: mild
- Fecal urgency: none
- Flatulence/Gas: moderate
- Bloating:
- Abdominal cramps: moderate
- Vomiting: none
- Yellow-orange stains in underwear: none
- Greasy stools: none
- Oil in toilet: none
- Other:

additional details:

I had no idea these chips contained olestra until I had already eaten them and started having bad cramps and bloating. Then I looked at the chip ingredients and saw olestra was listed and there was no warning label!!!! How could the FDA allow them to not have a warning label on the package?

eat olestra again? No

problems again? No

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Would you have linked your symptoms? Yes

Which olestra product?

- Lay's KC Masterpiece BBQ, size: , amount:
Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No
specify GI: Did you have the flu, allergy, or other illness that might have
explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes
flatulence caused embarrassment in work and home situation

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site?



olestra1@cspinet.org
12/01/2004 01:48 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 12-01-2004

Name: [REDACTED]

Age: 28

Sex: female

Address: [REDACTED]

Occupation: [REDACTED]

Email: [REDACTED]

Phone: ()

Fax: ()

Suffer: Yes

When eat? 11/15/2004

When problem? 48 hours minutes

When problems end?

Still persist? Yes

Occations: 2 weeks now

Problems/Severity:

- Diarrhea: mild
- Couldn't control bowels; soiled clothing: No
- Loose stools: moderate
- Nausea: mild
- Fecal urgency: moderate
- Flatulence/Gas: severe
- Bloating:
- Abdominal cramps: mild
- Vomiting: none
- Yellow-orange stains in underwear: mild
- Greasy stools: mild
- Oil in toilet: severe
- Other:

additional details:

I did not realize at first what was going on but after reading the ingredients of my fat free chips, is when it all clicked.

eat olestra again?

problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Read label before eating?

Would you have linked your symptoms? No

Which olestra product?

- Lay's Regular, size: medium, amount: 15 chips

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? No

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? Yes

response?

Media? No

web site? Through Yahoo



olestra1@cspinet.org
12/02/2004 08:22 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 12/01/2004

Name: [REDACTED]

Age: 25

Sex: Male

Address: [REDACTED]

Occupation: [REDACTED]

Email: [REDACTED]

Phone: [REDACTED]

Fax: ()

Suffer: Yes

When eat? 11/30/2004

When problem? 4 hours 8 minutes

When problems end?

Still persist? Yes

Occations: 15

Problems/Severity:

- Diarrhea: moderate
- Couldn't control bowels; soiled clothing:
- Loose stools: moderate
- Nausea: moderate
- Fecal urgency: moderate
- Flatulence/Gas: moderate
- Bloating:
- Abdominal cramps: moderate
- Vomiting: none
- Yellow-orange stains in underwear: severe
- Greasy stools: moderate
- Oil in toilet: moderate
- Other:

additional details:

eat olestra again? No

problems again? Yes

Problem(s) reoccurred? Diarrhea

Packet bear label stating olestra may cause? No

Would you have eaten the chips? Yes

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Original Pringles, size: regular, amount: whole package

- SCO Pringles, size: regular, amount: whole package

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

real bad smelling gas

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? Yes

web site? web search



olesta1@cspinet.org
12/02/2004 11:02 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 3 Dec 2004

Name: [REDACTED]

Age: 47

Sex: F

Address: [REDACTED]

Occupation: [REDACTED]

Email: [REDACTED]

Phone: [REDACTED]

Fax: ()

Suffer: Yes

When eat? 2 Dec 2004, around 9 p.m.

When problem? 4 hours minutes

When problems end? about 2 hours later

Still persist?

Occations: 1

Problems/Severity:

- Diarrhea: severe
- Couldn't control bowels; soiled clothing:
- Loose stools: severe
- Nausea: severe
- Fecal urgency: severe
- Flatulence/Gas: none
- Bloating:
- Abdominal cramps: severe
- Vomiting: mild
- Yellow-orange stains in underwear: none
- Greasy stools: moderate
- Oil in toilet: moderate
- Other:

additional details:

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Original Pringles, size: 16 ounces, amount: 17

- Doritos Nacho Cheesier, size: 13, amount: 25

- Yes Regular Chips, size: , amount: Whole

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

soiled myself

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? Yes

Contact Company? No

response?

Media? Yes

web site? olean search



olesta1@cspinet.org
12/03/2004 03:58 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 12/3/04
Name: [REDACTED]
Age: 25
Sex: M
Address: [REDACTED]
Occupation: [REDACTED]
Email:
Phone: ()
Fax: ()

Suffer: Yes

When eat? 12/2/04 (12pm-3pm)

When problem? 2 hours 00 minutes

When problems end?

Still persist? Yes

Occations: one for now

- Problems/Severity:
- Diarrhea: none
 - Couldn't control bowels; soiled clothing: No
 - Loose stools: moderate
 - Nausea: mild
 - Fecal urgency: mild
 - Flatulence/Gas: moderate
 - Bloating:
 - Abdominal cramps: moderate
 - Vomiting: none
 - Yellow-orange stains in underwear: none
 - Greasy stools: mild
 - Oil in toilet: none
 - Other:

additional details:

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? Yes

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- Original Pringles, size: regular, amount: 1/2 package
Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No
specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? No
severe cramps, sweating, feeling faint. Unable to stand up, or cry out. Severe diarrhea, and vomiting. But as I had only had the chips for dinner, was pretty sure illness was due to Olean and that it would pass. It did, eventually.

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? Found it on google.



olesta1@cspinet.org
12/03/2004 07:14 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 12/03/04

Name: [REDACTED]

Age: 53

Sex: F

Address: [REDACTED]

Occupation: [REDACTED]

Email: [REDACTED]

Phone: [REDACTED]

Fax: ()

Suffer: Yes

When eat? 11/04 - noon

When problem? 2 hours minutes

When problems end? it lasted approx. 2 days

Still persist? No

Occations: 1 day

Problems/Severity:

- Diarrhea: none
- Couldn't control bowels; soiled clothing:
- Loose stools: moderate
- Nausea: none
- Fecal urgency: mild
- Flatulence/Gas: severe
- Bloating:
- Abdominal cramps: severe
- Vomiting: none
- Yellow-orange stains in underwear: none
- Greasy stools: none
- Oil in toilet: none
- Other:

additional details:

eat olestra again? Yes

problems again? Yes

Problem(s) reoccurred? cramps and loose stools

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Would you have linked your symptoms? Yes

Which olestra product?

- SCO Pringles, size: regular, amount: 1/2 package

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

gas

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site?



olesta1@cspinet.org
12/03/2004 08:13 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 12/3/04
Name: [REDACTED]
Age: 27
Sex: F
Address:
Occupation [REDACTED]
Email: [REDACTED]
Phone: ()
Fax: ()

Suffer: Yes

When eat? Yesterday around 11:30

When problem? 24+ hours minutes

When problems end? Still going on.

Still persist? Yes

Occations: 1

Problems/Severity:

- Diarrhea: moderate
- Couldn't control bowels; soiled clothing: Yes
- Loose stools: moderate
- Nausea: mild
- Fecal urgency: severe
- Flatulence/Gas: severe
- Bloating:
- Abdominal cramps: moderate
- Vomiting: none
- Yellow-orange stains in underwear: severe
- Greasy stools: mild
- Oil in toilet: mild
- Other:

additional details:

I had slight stomach cramping after the consumption of the chips, but the problems really did not start until this afternoon. Had there been a warning on the package (and I looked carefully for one because I knew there were problems in the past w/Olestra) I would not had gotten it.

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Would you have linked your symptoms? Yes

Which olestra product?

- Ruffles, size: large, amount: 10 chips
Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? Yes
specify GI: Irritable bowel syndrome
Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes
Smelly gas at work

seek medical help? No

emergency room? No

diagnosis?

medication? Yes

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? Did a search to find out information about olestra



olesta1@cspinet.org
12/04/2004 07:25 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 12/3/04
Name: [REDACTED]
Age: 55
Sex: male
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? aug. 2003

When problem? 1 hours minutes

When problems end? 2003

Still persist? No

Occations: 2

- Problems/Severity:
- Diarrhea: moderate
 - Couldn't control bowels; soiled clothing: Yes
 - Loose stools: moderate
 - Nausea: mild
 - Fecal urgency: moderate
 - Flatulence/Gas: mild
 - Bloating:
 - Abdominal cramps: mild
 - Vomiting: none
 - Yellow-orange stains in underwear: mild
 - Greasy stools: none
 - Oil in toilet: none
 - Other:

additional details:

eat olestra again? Yes
problems again? Yes

Problem(s) reoccurred? same

Packet bear label stating olestra may cause? No

Would you have eaten the chips? No

Read label before eating?

Read label before eating?

Would you have linked your symptoms? No

Which olestra product?

- Lay's Regular, size: small, amount: whole package

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response? Haven't done it now, but I will do so.

Media? No

web site? Did a Yahoo! search.



olesta1@cspinet.org
12/04/2004 09:56 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 12-3-4
Name: [REDACTED]
Age: 25
Sex: f
Address: [REDACTED]
Occupation: [REDACTED]
Email:
Phone: ()
Fax: ()

Suffer: Yes

When eat? 11-30-04

When problem? hours 15 minutes

When problems end? 12-2-04

Still persist? No

Occations: 2

Problems/Severity:

- Diarrhea: moderate
- Couldn't control bowels; soiled clothing: No
- Loose stools: moderate
- Nausea: mild
- Fecal urgency: moderate
- Flatulence/Gas: severe
- Bloating:
- Abdominal cramps: moderate
- Vomiting: none
- Yellow-orange stains in underwear: none
- Greasy stools: severe
- Oil in toilet: severe
- Other: bloating

additional details:

Ewww- The "Wow" chips with olestra made me feel so ill. That's why i went online and googled it. I had all these symptoms and felt very dehydrated and icky, like i needed to drink water constantly. Very uncomfprtable. Won't be eating them again...

eat olestra again? No
problems again?

Problem(s) reoccurred?

Packet bear label stating olestra may cause? No

Would you have eaten the chips? Yes

Would you have linked your symptoms? Yes

Which olestra product?

- Lay's KC Masterpiece BBQ, size: , amount:
Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No
specify GI: Did you have the flu, allergy, or other illness that might have
explained your problems? No

Where/when problems occur?

safety problems/inconvenience? yes
I stuck

seek medical help? No

emergency room? No

diagnosis?

medication? No

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media? No

web site? I looked up Olestra in a search



olesta1@cspinet.org
12/05/2004 01:03 PM

To olestra@cspinet.org
cc
bcc
Subject Olestra Form

Date: 12/04/04
Name: [REDACTED]
Age: 57
Sex: Female
Address: [REDACTED]
Occupation: [REDACTED]
Email: [REDACTED]
Phone: [REDACTED]
Fax: ()

Suffer: Yes

When eat? 12/04/04

When problem? 2 hours minutes

When problems end? 12/04/04

Still persist? No

Occations: 1

Problems/Severity:

- Diarrhea: severe
- Couldn't control bowels; soiled clothing: Yes
- Loose stools: severe
- Nausea: none
- Fecal urgency: severe
- Flatulence/Gas: mild
- Bloating:
- Abdominal cramps: mild
- Vomiting: none
- Yellow-orange stains in underwear:
- Greasy stools:
- Oil in toilet:
- Other: didn't make it to toilet

additional details:

eat olestra again? No

problems again? No

Problem(s) reoccurred?

Packet bear label stating olestra may cause? Yes

Would you have eaten the chips?

Read label before eating?

Read label before eating?

Would you have linked your symptoms?

Which olestra product?

- Ruffles Cheddar, size: 13, amount: 1/4

Eat with a meal? Which meal?

Eat as a snack?

History of GI problems? No

specify GI: Did you have the flu, allergy, or other illness that might have explained your problems?

Where/when problems occur?

safety problems/inconvenience? No

seek medical help? No

emergency room? No

diagnosis?

medication?

contact doctor?

Doctor:

Eat olestra products again? No

Contact Company? No

response?

Media?

web site? google