



EMSAM is indicated for the treatment of major depressive disorder (MDD).

Now Approved



EMSAM[®] 6 mg/24 hr
(selegiline transdermal system)

Please see [FULL PRESCRIBING INFORMATION](#), including **Boxed WARNING** and MEDICATION GUIDE.

INDICATION

- EMSAM is indicated for the treatment of Major Depressive Disorder (MDD)

IMPORTANT SAFETY INFORMATION

- Antidepressants have been shown to increase the risk of suicidality (suicidal thinking and behavior) in children and adolescents with depression and other psychiatric disorders. All patients on antidepressants and their families or caregivers should watch closely for the following, especially early during antidepressant treatment and when the dose is adjusted up or down: thoughts about suicide or dying, attempts to commit suicide, new or worse depression, new or worse anxiety, feeling very agitated or restless, panic attacks, difficulty sleeping (insomnia), new or worse irritability, acting aggressive, being angry or violent, acting on dangerous impulses, an extreme increase in activity and talking, other unusual changes in behavior or mood. Such symptoms should be reported to the patient's healthcare professional right away, especially if they are severe or occur suddenly. Never let your child stop taking an antidepressant without first talking to his or her healthcare professional. Stopping an antidepressant suddenly can cause other symptoms
- Do not consume foods and beverages that contain high amounts of a substance called tyramine (eg, aged cheeses and tap beer) while on EMSAM 9 mg/24 hr or 12 mg/24 hr, and for 2 weeks after stopping EMSAM 9 mg/24 hr and 12 mg/24 hr

Consuming these foods and beverages can lead to a sudden, large increase in blood pressure called "hypertensive crisis", which is a serious and potentially life-threatening medical condition. Ask your healthcare professional or see the EMSAM Medication Guide for a complete list of foods and beverages that must be avoided while on EMSAM 9 mg/24 hr or 12 mg/24 hr

- **Symptoms of hypertensive crisis** include: sudden onset of severe headache, nausea, neck stiffness, vomiting, a fast or slow heartbeat or a change in the way your heart beats (palpitations), tight chest pain, a lot of sweating, confusion, dilated pupils, and sensitivity to light. **Seek immediate medical care if you experience any of these symptoms**
- Inform all of your healthcare professionals that you are taking EMSAM

- Use EMSAM exactly as prescribed by your healthcare professional. Do not stop or change treatment with EMSAM without talking to your healthcare professional. Use only 1 patch at a time. If you use more than 1 patch, call your healthcare professional right away.
- Avoid exposing the EMSAM application site to external sources of direct heat, such as heating pads or electric blankets, heat lamps, saunas, hot tubs, heated water beds, and prolonged direct sunlight
- Tell your healthcare professional about any **medical conditions** you have, especially if you have or had manic episodes (a mental condition that causes “high” moods), any heart problems, seizures, tend to get dizzy or faint, are planning to have surgery. Tell your healthcare professional if you are pregnant or are planning to become pregnant, or are breastfeeding. It is not known if EMSAM can harm your unborn baby
- Discuss all prescription and non-prescription medicines, including vitamins and herbal supplements, you are taking or plan to take with your healthcare professional. **Do not take any new medicine while using EMSAM, and for 2 weeks after you stop using it before talking to your healthcare professional**
- Due to the potential for serious and potentially life-threatening side effects, **do not use the following medicines while using EMSAM, and for 2 weeks after stopping EMSAM:**
 - Other medicines to treat depression (antidepressants), including other MAOI medicines; medicine which contains selegiline (such as Eldepryl®*); the herbal supplement St. John’s wort; certain pain medicines (eg., Demerol®* (meperidine), tramadol, methadone, pentazocine, or propoxyphene); Flexeril®* or other medicines that contain cyclobenzaprine, a medicine used to treat muscle spasms; BuSpar®* (buspirone), an anxiety medicine; certain seizure medicines (eg. Tegretol®* or other medicines that contain carbamazepine and Trileptal®* or other medicines that contain oxcarbazepine); and amphetamines (also called stimulants or “uppers”)
 - Cold/cough preparations that contain decongestants or dextromethorphan; over-the-counter diet pills or herbal weight-loss products; and any herbal or dietary supplement that contains tyramine

Some of the medicines mentioned above will have to be stopped for 1 week (or more) before you can start using EMSAM

- EMSAM may **worsen your depression**, give you suicidal thoughts, or cause unusual changes in behavior especially early during antidepressant treatment and when the dose is adjusted up or down. **Call your healthcare professional right away if you feel worse with EMSAM**
- EMSAM may cause a mental condition called **mania or hypomania** (mental condition which causes high moods) in people who have a history of mania
- EMSAM can cause **low blood pressure**. Lie down if you feel dizzy, faint, or lightheaded and change positions slowly. **Tell your healthcare professional if you have these symptoms.** You may need a lower dose of EMSAM
- Do not drive or operate hazardous machinery until you know how EMSAM affects you. EMSAM may reduce your **judgment, ability to think, or coordination**
- Avoid drinking **alcoholic beverages** while using EMSAM
- The most common side effect of EMSAM is a **skin irritation or redness** where the patch is placed. If irritation or itching continues, tell your healthcare professional
- **Other common side effects with EMSAM** include: headache, insomnia, diarrhea, dry mouth, dyspepsia (indigestion), rash, sore throat, and sinus infection
- Do not use EMSAM if you are allergic to anything in EMSAM. See the EMSAM Medication Guide for a complete list of ingredients in EMSAM
- **If you have any questions about your health or medicines, talk to your healthcare professional**

*All other trademarks are property of their respective owners.

Please see [FULL PRESCRIBING INFORMATION](#), including **Boxed WARNING** and **MEDICATION GUIDE**.

The information on this site is intended for residents of the fifty United States, the District of Columbia, and Puerto Rico, who are 18 years of age or older.

[Bookmark this Page](#) | [Privacy Policy](#) | [Legal Policy](#)

EM-I0001 04/06

