

Dental Patients I have Known

I want to tell you the story about Barbara Koenig. I forgot how I met her, but her story is very fascinating and compelling.

I would say Barbara was in her 30's when I first met her many years ago when I was very ill. It seems strange to say many years ago now. It all seems like a dream.

Barbara went to a physician's office. She complained that she had some soreness in her facial area. This physician had taken over a chiropractor's office. It had a diathermy machine. This machine is kind of like a microwave. It gives off radio waves that give deep heating therapy. The doctor placed the machine over Barbara's mouth. After the treatment, she felt that her mouth was on fire. Her gums turned white from the burn caused by the diathermy machine. Her lips were also affected with the burn. She got an extremely strong metallic taste in her mouth. The next day, she had trouble walking and had what she described as "brain fog". Her speech was difficult and slurred. This was most likely caused from the mercury. This was the most dramatic cause and effect case I have seen.

When a person is potentially exposed to mercury from silver-mercury dental fillings, it may take years for the mercury to accumulate in the body and cause symptoms. In Barbara's case, she had a large exposure of mercury from her fillings due to heat. When amalgam is heated, mercury vapor escapes at a much greater rate. Can you imagine what would happen if you placed a mass of dental amalgam in a microwave. It would get very hot releasing a great deal of mercury vapor. This is what happened to the fillings in Barbara's mouth releasing toxic mercury.

The American Dental Association states there has never been a toxic adverse reaction to mercury. They say that allergic symptoms may occur in an extremely few people. The allergy may be a rash, but not a toxic reaction. I guess they never heard about Barbara's case!