

Aspartame Docket #02P-0317

In response to the myth that aspartame consumption causes adverse side effects, the American Heart Association specifically states,

“Aspartame is another common artificial sweetener. Extensive investigation so far hasn't shown any serious side effects from aspartame. ...Aspartame is metabolized to several products, including the amino acid phenylalanine. That's why it carries a risk for people with phenylketonuria (an inborn metabolic disorder).”

The American Heart Association (AHA) is a national voluntary health agency whose mission is to reduce disability and death from cardiovascular diseases and stroke. Since its inception in 1949, the AHA has grown rapidly in size, financial resources, involvement with medical and non-medical volunteers, and influence -- both nationally and internationally.

For more information about the AHA and its assessment of the safety of aspartame, please visit <http://www.americanheart.org/presenter.jhtml?identifier=4447>.

For your reference and convenience this information has been attached in PDF form.

Respectfully submitted,

Lyn O' Brien Nabors
President
Calorie Control Council
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