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Boulder Offices

4600 Sleepytime Drive • Boulder, CO 80301-3292 • phone: (303) 530-5300 • www.hain-celestial.com

September 19, 2003

Office of Nutritional Products, Labeling and Dietary Supplements (HFS-810)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740

As per 21 Code of Federal Regulations Section 101.93, I respectfully submit the following information:

Name and Address:

Celestial Seasonings
The Hain Celestial Group, Inc.
4600 Sleepytime Drive
Boulder, CO 80301-3292

Text of Statements:

- Valerian promotes a restful night's slumber, while black cohosh and soy help minimize the night sweats that can waken you.
- And your body's natural health is supported with added antioxidants of both Vitamin E and green rooibos tea.

Ingredients:

- Black Cohosh, Valerian, Soy, Licorice, Ginger, Green Rooibos, and Vitamin E

Name of the dietary supplement (including brand name):

Celestial Seasonings™
Menopause Nite

I hereby certify that the information contained in the above notice is complete and accurate, and that Celestial Seasonings has substantiation that the statements are truthful and not misleading.

Sincerely,


James A. Kinsinger, Ph.D.
Quality Assurance Laboratory Director

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