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May 28, 2003

Food and Drug Administration
 Center for Food Safety and Applied Nutrition
 Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)
 5100 Paint Branch Parkway
 College Park, Maryland 20740
 Reference phone #301-436-2373

JUN 17 2003

Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

Max DHA™ contains highly concentrated omega-3 fatty acids from ultra purified sardine oil and concentrated by molecular distillation, increasing DHA four-fold. Max DHA™ is mixed glycerides, which are better digested than free fatty acid and ethyl ester fish oils. Max DHA™ contains NO methyl or ethyl esters. The predominant fatty acid in the brain, nervous system and retina of humans is DHA, an omega-3 fatty acid. DHA is necessary for fetus and infantile neurological development during pregnancy and lactation. Also, DHA helps support neurological function in seniors.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

Sardine Oil (source of Omega-3) [DHA (Docosahexaenoic Acid), EPA (Eicosapentaenoic Acid), Other Omega-3] • Gamma Tocopherol • Ascorbyl Palmitate

(4) Name of the dietary supplement(s)

Max DHA™ 607 mg 90 softgels • 607 mg 180 softgels

(5) The following disclaimer appears on the label in bold:

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients.

Respectfully submitted,


 Siddharth Shastri, CCN
 Vice President, Product Development

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