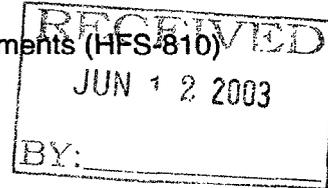


1824 South Robertson Blvd.
Los Angeles, CA 90035-4317
310/204-6936 • 800/726-0886
www.Jarrow.com

FAX NUMBERS
Orders 800/890-8955
General 310/204-2520
Administrative 310/204-5132

May 22, 2003

Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)
5100 Paint Branch Parkway
College Park, Maryland 20740
Reference phone #301-436-2373



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

Rice Policosanols are a family of aliphatic (non-ring) alcohols that have diverse beneficial effects. The main policosanols are Octacosanol, Triacontanol, Dotriacontanol, Tetracosanol, Hexacosanol, Tetratriacontanol, Hexatriacontanol and Docosanol. Rice is the richest source of Docosanol. Animal experiments have shown policosanols improve cholesterol metabolism and reduce circulating triglycerides. Octacosanol has been studied for its effects on improving physical performance and reducing fatigue. Docosanol protects the prostate gland and is considered a primary active component of the herb *Pygeum africanum*, which is used to maintain prostate health.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

Policosanols

(4) Name of the dietary supplement(s)

Ultra Policosonals™ 10 mg - 100 softgels

(5) The following disclaimer appears on the label in bold:

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients.

Respectfully submitted,


Siddharth Shastri
Vice President, Product Development

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LET 12294

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