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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

May 27, 2004

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Prescriptive Formulas™ For Women supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

**Ingredients:** Vitamin A, Vitamin C, Vitamin D, Vitamin E, Vitamin K, Thiamin, Riboflavin, Niacin, Vitamin B-6, Folic Acid, Vitamin B-12, Biotin, Pantothenic Acid, Calcium, Iron, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum, Potassium, Fish Oil, Borage Oil, Citrus Bioflavonoids Complex, Betaine Hydrochloride, Soy Isoflavones, Choline Bitartrate, Inositol, Vitex, Green Tea, N-Acetyl Cysteine, Black Cohosh, Korean Ginseng, Red Clover

- Soy and Vitex for Women's Health.
- Calcium, Magnesium and Vitamin D for Bone Health.
- B Vitamins and Iron for Energy Metabolism.
- The Nutrients Women Need for Skin, Hair & Nail Health.
- Women's Health Formula – The unique combination of Soy Isoflavones and Vitex offers the natural support you need to relieve the periodic changes (such as mild mood swings, cramping, hot flashes and night sweats) taking place during menstruation and menopause.
- Vitex promotes breast health.
- Bone Support – This specialized blend of Calcium, Magnesium and Vitamin D supports crucial bone health.
- Energy Blend – To promote key areas of wellness, this blend contains nutrients such as B Vitamins and Iron to help maintain energy metabolism.

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- Skin, Hair & Nails Combination – Vitamin C, Biotin and Copper help promote skin, hair and nail health so you can always look and feel your best. Vitamins A, C and E for immune system support, Chromium to support fat metabolism, Selenium for antioxidant support and Choline and Inositol for cell growth and function.
- Prescriptive Formulas™ Women's Optimal Vitamin Packs™ are a dynamic blend of over 25 vitamins, minerals, and nutrients, plus herbs, to promote wellness in several key areas of a women's health.
- Specially designed for the female body, this proprietary formula delivers the premium nutrients necessary to support health and well-being.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

A handwritten signature in black ink that reads "Ona Scandurra". The signature is fluid and cursive, with a large initial "O" and a long, sweeping tail.

Ona Scandurra, MS, RD  
Vice President, Nutrition Information

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