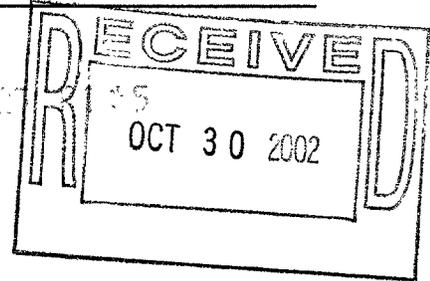




Natural Factors Nutritional Products Inc.



September 18, 2002

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C Street SW
Washington, DC 20204

Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: MultiStart™ Prenatal

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
3655 Bonneville Place
Burnaby, B.C.
Canada V3N 4S9

Distributor: Natural Factors Nutritional Products, Inc.
1111 80th Street SW, Suite 100
Everett, WA 98203

Text of Side Panel: Developed by Dr. Murrery, this nutrient-rich formula contains optimal levels that safely support the development of a healthy fetus and child.

Text on PDP: Natural Support for a Healthy Pregnancy

Name of dietary ingredient that is the subject of statement: Vitamin A (beta-carotene), Vitamin C (ascorbic acid), Vitamin D (sholecalciferol), Vitamin E (d-alpha tocopheryl acid succinate), Vitamin K (phytonadione), Thiamine (thiamine hydrochloride), Riboflavin, Niacin (niacinamide & niacin), Vitamin B6 (pyridoxine hydrochloride), Folic Acid, Vitamin B12 (cyanocobalamin), Biotin, Pantothenic Acid (calcium pantothenate), Calcium (calcium carbonate & calcium citrate), Iron (ferrous fumarate), Iodine (kelp), Magnesium (magnesium oxide & magnesium citrate), Zinc (zinc citrate), Selenium (selenium chelate), Copper (copper gluconate), Manganese (manganese citrate), Chromium (chromium picolinate), Molybdenum (molybdenum citrate), Choline (choline bitartrate), Boron (boron citrate), Silicon (Horsetail), Vanadium (vanadium citrate), Inositol, Ginger, powdered extract 4:1 (root), Dandelion, powdered extract 4:1 (root), Red Raspberry, powdered (leaf), Bilberry, powdered extract (fruit), Alfalfa Juice, powdered extract 8:1 (leaf), Spirulina (Spirulina platensis), powdered, Wheat Grass Juice (Triticum aestivum), powdered, Lutein

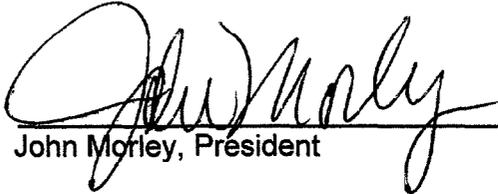
1111 80th Street S.W., Suite 100
Everett, WA 98203
Phone: (425) 513-8800
Fax: (425) 348-9050

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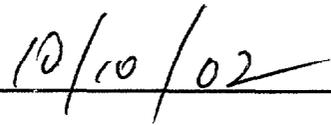
82385

Name of the dietary supplement: Natural Factors

I represent the information presented to be accurate and in compliance with supplement label regulations.



John Morley, President



Date