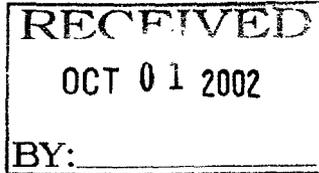




We Make Quality Affordable

July 27, 2002



Office of Special Nutritionals (HF-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, DC 20204

Re: 21 U.S.C. Section 343(r)(6), Notification of Statements on Dietary Supplements

Dear Sir/Madam:

I hereby notify the Food and Drug Administration ("FDA") of the use of statements of nutritional support in the labeling of Fennel Seed Caps, a dietary supplement.

Statements being made in the labeling of Fennel Seed, 550 mg Caps

(1) Fennel (*Foeniculum vulgare*) is an herb that is native to the Mediterranean region, but is currently cultivated in most temperate areas where cooks appreciate it for its culinary uses. The constituent oils of Fennel Seed have been shown to possess considerable antioxidant activity.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. NOW Foods possesses substantiation that the statements are truthful and not misleading.

Jim Roza
Director, Quality Assurance
NOW Foods
395 S. Glen Ellyn Rd.
Bloomington, IL 60108

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