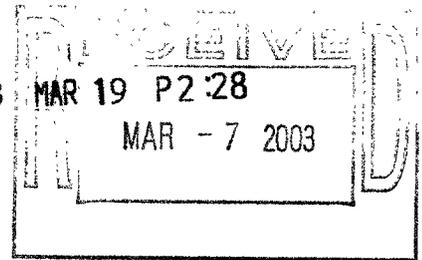




February 25, 2003

Quality Health From God's Pharmacy

1311 '03



Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
U.S. Food and Drug Administration  
200 C Street, S.W.  
Washington, D.C. 20204

Re: Structure/Function Label Claim

This letter is to notify the Food and Drug Administration that within the past 30 days our company has begun to market **Udo's Choice Wholesome Fast Food** Dietary Supplement, with the following statement(s) of nutritional support included on the label and in labeling for the product:

1. **This combination of ingredients has been carefully selected to deliver optimum nutrition, help increase energy, improve mental performance and support the digestive system.**
2. **Fiber helps maintain good colon health by easing elimination and bringing relief from occasional constipation.**
3. **When used as part of your regular diet, Udo's Choice Wholesome Fast Food also helps maintain normal cholesterol and blood sugar levels.**

The dietary ingredients of the product that are the subject of the above statement are: Udo's Choice Seed cake powder (defatted flax seed, defatted sunflower seed, defatted sesame seed, rice bran powder, oat bran powder), rice bran, tofu, carrot, stevia, tomato, golden flax seed, powdered sprouted soybean, licorice root, ginger, barley grass, parsley, chrysanthemum, red beet, cinnamon, almond flavor, lemon grass. Udo's Choice Enzyme Blend (amylase, protease, glucoamylase, invertase, malt diastase, lipase, cellulose, lactase, pectinase, bromelain), alfalfa, broccoli, kelp, yucca, hawthorn berry, milk thistle, burdock root, red clover, kale, psyllium, slippery elm, artichoke, oat grass, rye grass, dandelion root, dandelion leaf, rosemary, thyme, sage, peppermint, bilberry leaf, spirulina, bee pollen, dulse, chlorella, beet juice, American ginseng, ginkgo extract, grape seed extract.

It is hereby certified that the information in this notification is complete and accurate, and that our company has substantiation that the above statement(s) is truthful and not misleading.

Very truly yours,

Flora, Inc.

Janet Sperry  
Compliance Coordinator  
Labels & Packaging

975 0162

LET 11504

**Flora, Inc.**

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